

# Individual Best Times (All Time)

Sarah Pereira - (983230) - Teddington SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue       | Club Swam Under | Level |
|---------|--------|-------|----------|---|-------------|-----------------|-------|
| 2:34.50 | 456    | H     | 01/12/19 | City of Oxford November Level 3 Meet                | Oxford      | Teddington      | 3     |
| 2:34.74 | 454    | F     | 16/12/18 | Hillingdon Winter Meet 2018                         | Uxbridge    | Ealing          | 3     |
| 2:35.05 | 451    | H     | 20/10/18 | Nova Centurion October L2 SC Open Meet              | Nottingham  | Ealing          | 2     |
| 2:35.23 | 449    | H     | 01/03/20 | City of Oxford Swimming Club Short Course March     | Cambridge   | Teddington      | 3     |
| 2:35.43 | 448    | F     | 16/06/18 | ESC End of Season Open                              | Northolt    | Ealing          | 3     |
| 2:36.57 | 438    | H     | 02/11/19 | 2019 London Region Winter Championships             | London      | Teddington      | 2     |
| 2:39.16 | 417    | H     | 30/09/17 | Cambridge Grand Prix                                | Cambridge   | Ealing          | 2     |
| 2:39.31 | 416    | H     | 03/11/18 | 2018 London Swimming Regional Winter Champs         | London      | Ealing          | 2     |
| 2:39.48 | 414    |       | 18/11/18 | Barnet Cophthall County Qualifier & Development Mee | London      | Ealing          | 3     |
| 2:40.89 | 404    | H     | 22/07/18 | Putteridge L2 Inaugural Alternative Nationals       | Luton       | Ealing          | 2     |
| 2:41.68 | 398    | F     | 03/12/16 | Ealing December Christmas L3 Open Meet              | Northolt    | Ealing          | 3     |
| 2:41.76 | 397    | F     | 09/07/16 | Guildford City July L3 Open Meet                    | Guildford   | Ealing          | 3     |
| 2:42.57 | 391    | F     | 25/02/17 | ESC February L3 Open                                | Northolt    | Ealing          | 3     |
| 2:42.59 | 391    | H     | 19/11/17 | Team Luton November Short Course Meet               | Luton       | Ealing          | 3     |
| 2:42.86 | 389    | H     | 25/09/16 | Team Luton September Short Course Meet              | Luton       | Ealing          | 2     |
| 2:43.45 | 385    | F     | 02/12/17 | Ealing Christmas L3 Open                            | London      | Ealing          | 3     |
| 2:43.69 | 383    | F     | 26/06/16 | Hatfield Golden Jubilee Gala                        | Hatfield    | Ealing          | 2     |
| 2:47.01 | 361    | H     | 15/10/16 | Rushmoor Royals Autumn Open Meet 2016               | Aldershot   | Ealing          | 2     |
| 2:49.12 | 347    | F     | 13/03/16 | Potters Bar Spring Open Meet 2016                   | Borehamwood | Ealing          | 3     |
| 2:59.38 | 291    | F     | 08/03/15 | Hillingdon RNSS House Club Champs                   | Northwood   | Hillingdon      | 4     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet  | Venue     | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 2:35.23 | 449    | H     | 01/03/20 | City of Oxford Swimming Club Short Course March | Cambridge | Teddington      | 3     |
| 2:34.50 | 456    | H     | 01/12/19 | City of Oxford November Level 3 Meet            | Oxford    | Teddington      | 3     |
| 2:36.57 | 438    | H     | 02/11/19 | 2019 London Region Winter Championships         | London    | Teddington      | 2     |

|         |     |   |          |   |             |            |   |
|---------|-----|---|----------|---|-------------|------------|---|
| 2:34.74 | 454 | F | 16/12/18 | Hillingdon Winter Meet 2018                       | Uxbridge    | Ealing     | 3 |
| 2:39.48 | 414 |   | 18/11/18 | Barnet Cophall County Qualifier & Development Mee | London      | Ealing     | 3 |
| 2:39.31 | 416 | H | 03/11/18 | 2018 London Swimming Regional Winter Champs       | London      | Ealing     | 2 |
| 2:35.05 | 451 | H | 20/10/18 | Nova Centurion October L2 SC Open Meet            | Nottingham  | Ealing     | 2 |
| 2:40.89 | 404 | H | 22/07/18 | Putteridge L2 Inaugural Alternative Nationals     | Luton       | Ealing     | 2 |
| 2:35.43 | 448 | F | 16/06/18 | ESC End of Season Open                            | Northolt    | Ealing     | 3 |
| 2:43.45 | 385 | F | 02/12/17 | Ealing Christmas L3 Open                          | London      | Ealing     | 3 |
| 2:42.59 | 391 | H | 19/11/17 | Team Luton November Short Course Meet             | Luton       | Ealing     | 3 |
| 2:39.16 | 417 | H | 30/09/17 | Cambridge Grand Prix                              | Cambridge   | Ealing     | 2 |
| 2:42.57 | 391 | F | 25/02/17 | ESC February L3 Open                              | Northolt    | Ealing     | 3 |
| 2:41.68 | 398 | F | 03/12/16 | Ealing December Christmas L3 Open Meet            | Northolt    | Ealing     | 3 |
| 2:47.01 | 361 | H | 15/10/16 | Rushmoor Royals Autumn Open Meet 2016             | Aldershot   | Ealing     | 2 |
| 2:42.86 | 389 | H | 25/09/16 | Team Luton September Short Course Meet            | Luton       | Ealing     | 2 |
| 2:41.76 | 397 | F | 09/07/16 | Guildford City July L3 Open Meet                  | Guildford   | Ealing     | 3 |
| 2:43.69 | 383 | F | 26/06/16 | Hatfield Golden Jubilee Gala                      | Hatfield    | Ealing     | 2 |
| 2:49.12 | 347 | F | 13/03/16 | Potters Bar Spring Open Meet 2016                 | Borehamwood | Ealing     | 3 |
| 2:59.38 | 291 | F | 08/03/15 | Hillingdon RNSS House Club Champs                 | Northwood   | Hillingdon | 4 |