

Individual Best Times (All Time)

Sophia Milson - (981582) - Braintree & Bocking SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
40.58	341	H	29/09/19	BBSC Club Championships 2019	Braintree	Braintree	4
40.65	339	H	19/05/18	Cheshunt Anniversary Open Meet	Harlow	Braintree	3
40.86	334	H	03/06/18	Braintree & Bocking Spring Festival One Day Open	Braintree	Braintree	3
40.96	332		22/09/18	Sudbury & District Michaelmas Two Day Open Meet	Sudbury	Braintree	3
41.07	329	H	24/11/19	BBSC & DASC Christmas Cracker 2019	Braintree	Braintree	3
41.09	329	H	21/10/18	Essex Senior Winter Champs 2018	Basildon	Braintree	2
41.59	317	H	30/09/18	BBSC Club Championships 2018	Braintree	Braintree	4
41.65	316	H	17/03/19	Colchester Regional Qualifier	Braintree	Braintree	3
41.96	309	H	15/07/18	Southend on Sea Summer Sprint Meet	Southend on Sea	Braintree	3
42.00	308	F	25/03/17	LBR Regional Qualifying Meet March 2017	Fullwell Cross	Braintree	3
42.04	307	H	07/09/19	Halstead Season Sprint Starter	Braintree	Braintree	3
42.07	306	H	01/09/18	Halstead Season Sprint Starter	Braintree	Braintree	3
42.11	305	H	01/10/17	Braintree & Bocking Club Championships	Braintree	Braintree	4
42.34	300	H	14/04/19	HALSTEAD 10TH SHORT COURSE LICENSED MEET	Braintree	Braintree	3
42.41	299	H	16/09/17	BPSC Dave Warriner Early Season Meet	Basildon	Braintree	3
42.63	294	H	02/07/17	Spring Festival One Day Open Meet	Braintree	Braintree	3
42.82	290		06/04/19	Sudbury & District Robin Deal Memorial Meet 2019	Sudbury	Braintree	3
43.34	280	H	18/12/16	BPSC Last Chance County Qualifier 2016	Basildon	Braintree	3
43.35	280	H	03/12/17	Runnymede Jungle Bells	Basildon	Braintree	3
43.83	271	H	24/06/17	Hoddesdon Summer Sprint	Harlow	Braintree	3
44.10	266	H	18/06/17	4th Midsummer Madness Open Meet	Colchester	Braintree	3
44.53	258	H	25/09/16	Braintree & Bocking Club Championships 2016	Braintree	Braintree	4
44.58	257	H	03/09/16	Halstead 4th Season Sprint Starter	Braintree	Braintree	3
45.33	245	H	02/07/16	BPSC Summer Novice Meet 2016	Basildon	Braintree	3
46.02	234	H	18/06/16	Harlow Penguins 5th Eric Shepherd Open Meet	Harlow	Braintree	3
47.85	208	H	10/04/16	Halstead 7th Short Course Open Meet	Braintree	Braintree	3
48.24	188	H	02/04/16	Halstead Penguins 4th Junior Development Meet	Halstead	Braintree	3

49.34	190	H	02/04/16	Harlow Penguins 4th Junior Development Meet	Harlow	Braintree	
50.19	180	H	06/12/15	Braintree & Bocking Spring Festival Open Meet	Braintree		3
51.84	163	H	20/06/15	Harlow Penguins 4th Eric Shepherd Open Meet	Harlow		3
54.05	144	H	06/09/15	Halstead 3rd Season Starter - Sprint Meet	Braintree		3
54.88	138	H	10/05/15	Braintree & Bocking SC Spring Festival Open Meet	Braintree		3
55.02	137	H	26/10/14	Braintree & Bocking Club Championships	Braintree		4
55.19	135	H	22/06/14	Colchester SC Midsummer Madness Open Meet	Colchester	Braintree	3
56.28	128	H	28/03/15	Harlow Penguins 3rd Junior Development Meet	Harlow		3
56.30	127	H	12/04/15	Halstead 6th Short Course Open Meet	Braintree		3
56.83	124	H	20/09/14	Basildon & Phoenix Autumn Meet	Basildon		3
57.45	120	H	11/05/14	Braintree & Bocking Spring Festival	Braintree	Braintree	3
58.20	115	H	13/04/14	Halstead 5th Annual Open Meet	Halstead	Braintree	3
1:01.97	95	H	20/10/13	Braintree & Bocking Club Championships	Braintree	Braintree	4
1:03.79	87	H	07/09/13	Halstead SC Season Sprint Starter	Braintree	Braintree	3
1:05.61	80	H	15/12/13	Braintree & Bocking Christmas Cracker	Braintree	Braintree	3
1:06.98	75	H	29/06/13	Basildon & Phoenix SC Novice Gala	Basildon	Braintree	4

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