Individual Best Times (All Time)

Sophia Milson - (981582) - Braintree & Bocking SC - 100 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:16.74	399	Н	07/09/19	Halstead Season Sprint Starter	Braintree	Braintree	3
1:17.76	383	Н	06/10/19	BBSC Club Championships 2019	Braintree	Braintree	4
1:19.72	356		22/09/18	Sudbury & District MIchaelmas Two Day Open Meet	Sudbury	Braintree	3
1:19.80	355	Н	01/09/18	Halstead Season Sprint Starter	Braintree	Braintree	3
1:20.03	352	Н	02/09/17	5th Season Sprint Starter - Special Edition	Braintree	Braintree	3
1:20.53	345	Н	15/07/18	Southend on Sea Summer Sprint Meet	Southend on Sea	Braintree	3
1:23.74	307	Н	03/09/16	Halstead 4th Season Sprint Starter	Braintree	Braintree	3
1:25.97	284	Н	29/09/16	Braintree & Bocking Club Championships 2016	Braintree	Braintree	4
1:30.40	244	Н	02/04/16	Harlow Penguins 4th Junior Development Meet	Harlow	Braintree	3
1:32.60	227	Н	06/12/15	Braintree & Bocking Spring Festival Open Meet	Braintree		3
1:38.51	188	Н	05/11/15	Braintree & Bocking Club Championships	Braintree		4
1:38.68	187	Н	12/04/15	Halstead 6th Short Course Open Meet	Braintree		3
1:39.50	183	Н	28/03/15	Harlow Penguins 3rd Junior Development Meet	Harlow		3
1:40.86	175	Н	06/09/14	Halstead Swim Club Season Sprint Starter	Braintree		3
1:41.62	171	Н	13/11/14	Braintree & Bocking Club Championships	Braintree		4
1:41.62	171	Н	07/12/14	Braintree & Bocking Christmas 2014	Braintree		3
1:44.48	158	Н	11/05/14	Braintree & Bocking Spring Festival	Braintree	Braintree	3
1:47.84	143	Н	22/06/14	Colchester SC Midsummer Madness Open Meet	Colchester	Braintree	3
1:51.56	129	Н	30/03/14	Essex County Age Groups Championships	Basildon	Braintree	2
2:01.03	101	Н	15/12/13	Braintree & Bocking Christmas Cracker	Braintree	Braintree	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.76	383	Н	06/10/19	BBSC Club Championships 2019	Braintree	Braintree	4
1:16.74	399	Н	07/09/19	Halstead Season Sprint Starter	Braintree	Braintree	3
1:19.72 Copyright 202	356 24		22/09/18	Sudbury & District MIchaelmas Two Day Open Meet	Sudbury	Braintree Powered By SPORT	3 SYSTEMS

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355	Н	01/09/18	Halstead Season Sprint Starter	Braintree	Braintree	3
345	Н	15/07/18	Southend on Sea Summer Sprint Meet	Southend on Sea	Braintree	3
352	Н	02/09/17	5th Season Sprint Starter - Special Edition	Braintree	Braintree	3
284	Н	29/09/16	Braintree & Bocking Club Championships 2016	Braintree	Braintree	4
307	Н	03/09/16	Halstead 4th Season Sprint Starter	Braintree	Braintree	3
244	Н	02/04/16	Harlow Penguins 4th Junior Development Meet	Harlow	Braintree	3
227	Н	06/12/15	Braintree & Bocking Spring Festival Open Meet	Braintree		3
188	Н	05/11/15	Braintree & Bocking Club Championships	Braintree		4
187	Н	12/04/15	Halstead 6th Short Course Open Meet	Braintree		3
183	Н	28/03/15	Harlow Penguins 3rd Junior Development Meet	Harlow		3
171	Н	07/12/14	Braintree & Bocking Christmas 2014	Braintree		3
171	Н	13/11/14	Braintree & Bocking Club Championships	Braintree		4
175	Н	06/09/14	Halstead Swim Club Season Sprint Starter	Braintree		3
143	Н	22/06/14	Colchester SC Midsummer Madness Open Meet	Colchester	Braintree	3
158	Н	11/05/14	Braintree & Bocking Spring Festival	Braintree	Braintree	3
129	Н	30/03/14	Essex County Age Groups Championships	Basildon	Braintree	2
101	Н	15/12/13	Braintree & Bocking Christmas Cracker	Braintree	Braintree	3
	345 352 284 307 244 227 188 187 183 171 171 175 143 158	345 H 352 H 284 H 307 H 244 H 227 H 188 H 187 H 183 H 171 H 171 H 175 H 143 H 158 H	345 H 15/07/18 352 H 02/09/17 284 H 29/09/16 307 H 03/09/16 244 H 02/04/16 227 H 06/12/15 188 H 05/11/15 187 H 12/04/15 183 H 28/03/15 171 H 07/12/14 171 H 13/11/14 175 H 06/09/14 143 H 22/06/14 158 H 11/05/14 129 H 30/03/14	345 H 15/07/18 Southend on Sea Summer Sprint Meet 352 H 02/09/17 5th Season Sprint Starter - Special Edition 284 H 29/09/16 Braintree & Bocking Club Championships 2016 307 H 03/09/16 Halstead 4th Season Sprint Starter 244 H 02/04/16 Harlow Penguins 4th Junior Development Meet 227 H 06/12/15 Braintree & Bocking Spring Festival Open Meet 188 H 05/11/15 Braintree & Bocking Club Championships 187 H 12/04/15 Halstead 6th Short Course Open Meet 183 H 28/03/15 Harlow Penguins 3rd Junior Development Meet 171 H 07/12/14 Braintree & Bocking Christmas 2014 171 H 13/11/14 Braintree & Bocking Club Championships 175 H 06/09/14 Halstead Swim Club Season Sprint Starter 143 H 22/06/14 Colchester SC Midsummer Madness Open Meet 158 H 11/05/14 Braintree & Bocking Spring Festival 129 H 30/03/14 Essex County Age Groups Championships	H 15/07/18 Southend on Sea Summer Sprint Meet Southend on Sea 352 H 02/09/17 5th Season Sprint Starter - Special Edition Braintree 284 H 29/09/16 Braintree & Bocking Club Championships 2016 Braintree 307 H 03/09/16 Halstead 4th Season Sprint Starter Braintree 244 H 02/04/16 Harlow Penguins 4th Junior Development Meet Harlow 227 H 06/12/15 Braintree & Bocking Spring Festival Open Meet Braintree 188 H 05/11/15 Braintree & Bocking Club Championships Braintree 187 H 12/04/15 Halstead 6th Short Course Open Meet Braintree 183 H 28/03/15 Harlow Penguins 3rd Junior Development Meet Harlow 171 H 07/12/14 Braintree & Bocking Club Championships Braintree 171 H 13/11/14 Braintree & Bocking Club Championships Braintree 175 H 06/09/14 Halstead Swim Club Season Sprint Starter Braintree 176 H 06/09/14 Colchester SC Midsummer Madness Open Meet Colchester 177 Braintree & Bocking Spring Festival Braintree	H 15/07/18 Southend on Sea Summer Sprint Meet Southend on Sea Braintree 352 H 02/09/17 5th Season Sprint Starter - Special Edition Braintree Braintree 284 H 29/09/16 Braintree & Bocking Club Championships 2016 Braintree Braintree 307 H 03/09/16 Halstead 4th Season Sprint Starter Braintree Braintree 244 H 02/04/16 Harlow Penguins 4th Junior Development Meet Harlow Braintree 227 H 06/12/15 Braintree & Bocking Spring Festival Open Meet Braintree 188 H 05/11/15 Braintree & Bocking Club Championships Braintree 187 H 12/04/15 Halstead 6th Short Course Open Meet Braintree 183 H 28/03/15 Harlow Penguins 3rd Junior Development Meet Harlow 171 H 07/12/14 Braintree & Bocking Club Championships Braintree 171 H 13/11/14 Braintree & Bocking Club Championships Braintree 175 H 06/09/14 Halstead Swim Club Season Sprint Starter Braintree 176 H 06/09/14 Colchester SC Midsummer Madness Open Meet Colchester Braintree 177 Braintree & Braintree 178 H 11/05/14 Braintree & Bocking Spring Festival Braintree Braintree 189 H 30/03/14 Essex County Age Groups Championships Basildon Braintree

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