

Individual Best Times (All Time)

Sophia Milson - (981582) - Braintree & Bocking SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:48.58	377	H	30/09/18	BBSC Club Championships 2018	Braintree	Braintree	4
2:48.63	377	H	27/01/18	RTSC Non- County Qualifiers Meet	Braintree	Braintree	3
2:49.10	374	H	21/10/18	Essex Senior Winter Champs 2018	Basildon	Braintree	2
2:49.22	373	H	16/03/19	Colchester Regional Qualifier	Braintree	Braintree	3
2:49.35	372		21/09/19	Sudbury & District Michaelmas Two Day Open Meet	Sudbury	Braintree	3
2:50.50	365	H	24/11/18	BBSC & DASC Christmas Cracker 2018	Braintree	Braintree	3
2:54.20	342	H	03/12/17	Runnymede Jungle Bells	Basildon	Braintree	3
2:54.70	339	H	15/07/17	Jeanne Barker July Open Meet	Cambridge	Braintree	3
2:54.70	339	H	25/11/17	BBSC & DASC Christmas Cracker	Braintree	Braintree	3
2:56.71	327	H	02/09/17	5th Season Sprint Starter - Special Edition	Braintree	Braintree	3
2:56.94	326	H	24/06/17	Hoddesdon Summer Sprint	Harlow	Braintree	3
2:58.97	315	H	18/06/17	4th Midsummer Madness Open Meet	Colchester	Braintree	3
2:59.08	315	H	01/10/17	Braintree & Bocking Club Championships	Braintree	Braintree	4
2:59.40	313	H	26/11/16	Braintree & Bocking SC Christmas Cracker Meet	Braintree	Braintree	3
3:00.67	306	H	22/09/16	Braintree & Bocking Club Championships 2016	Braintree	Braintree	4
3:01.02	305	H	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	Braintree	3
3:02.25	298	H	02/07/16	BPSC Summer Novice Meet 2016	Basildon	Braintree	3
3:03.94	290	H	21/05/16	Braintree & Bocking Spring Festival One Day	Braintree	Braintree	3
3:04.54	287	H	18/06/16	Harlow Penguins 5th Eric Shepherd Open Meet	Harlow	Braintree	3
3:17.48	234	H	05/12/15	Braintree & Bocking Spring Festival Open Meet	Braintree		3
3:28.71	199	H	15/10/15	Braintree & Bocking Club Championships	Braintree		4
3:40.78	168	H	07/12/14	Braintree & Bocking Christmas 2014	Braintree		3
3:45.72	157	H	23/10/14	Braintree & Bocking Club Championships	Braintree		4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
------	--------	-------	------	------	-------	-----------------	-------

2:49.35	372		21/09/19	Sudbury & District Michaelmas Two Day Open Meet	Sudbury	Braintree	3
2:49.22	373	H	16/03/19	Colchester Regional Qualifier	Braintree	Braintree	3
2:50.50	365	H	24/11/18	BBSC & DASC Christmas Cracker 2018	Braintree	Braintree	3
2:49.10	374	H	21/10/18	Essex Senior Winter Champs 2018	Basildon	Braintree	2
2:48.58	377	H	30/09/18	BBSC Club Championships 2018	Braintree	Braintree	4
2:48.63	377	H	27/01/18	RTSC Non- County Qualifiers Meet	Braintree	Braintree	3
2:54.20	342	H	03/12/17	Runnymede Jungle Bells	Basildon	Braintree	3
2:54.70	339	H	25/11/17	BBSC & DASC Christmas Cracker	Braintree	Braintree	3
2:59.08	315	H	01/10/17	Braintree & Bocking Club Championships	Braintree	Braintree	4
2:56.71	327	H	02/09/17	5th Season Sprint Starter - Special Edition	Braintree	Braintree	3
2:54.70	339	H	15/07/17	Jeanne Barker July Open Meet	Cambridge	Braintree	3
2:56.94	326	H	24/06/17	Hoddesdon Summer Sprint	Harlow	Braintree	3
2:58.97	315	H	18/06/17	4th Midsummer Madness Open Meet	Colchester	Braintree	3
2:59.40	313	H	26/11/16	Braintree & Bocking SC Christmas Cracker Meet	Braintree	Braintree	3
3:00.67	306	H	22/09/16	Braintree & Bocking Club Championships 2016	Braintree	Braintree	4
3:02.25	298	H	02/07/16	BPSC Summer Novice Meet 2016	Basildon	Braintree	3
3:01.02	305	H	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	Braintree	3
3:04.54	287	H	18/06/16	Harlow Penguins 5th Eric Shepherd Open Meet	Harlow	Braintree	3
3:03.94	290	H	21/05/16	Braintree & Bocking Spring Festival One Day	Braintree	Braintree	3
3:17.48	234	H	05/12/15	Braintree & Bocking Spring Festival Open Meet	Braintree		3
3:28.71	199	H	15/10/15	Braintree & Bocking Club Championships	Braintree		4
3:40.78	168	H	07/12/14	Braintree & Bocking Christmas 2014	Braintree		3
3:45.72	157	H	23/10/14	Braintree & Bocking Club Championships	Braintree		4