

Individual Best Times (All Time)

Sophia Milson - (981582) - Braintree & Bocking SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 2:46.91 | 361 | H | 25/11/18 | BBSC & DASC Christmas Cracker 2018 | Braintree | Braintree | 3 |
| 3:06.62 | 258 | H | 22/09/16 | Braintree & Bocking Club Championships 2016 | Braintree | Braintree | 4 |
| 3:24.13 | 197 | H | 15/10/15 | Braintree & Bocking Club Championships | Braintree | | 4 |
| 3:34.94 | 169 | H | 23/10/14 | Braintree & Bocking Club Championships | Braintree | | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 2:46.91 | 361 | H | 25/11/18 | BBSC & DASC Christmas Cracker 2018 | Braintree | Braintree | 3 |
| 3:06.62 | 258 | H | 22/09/16 | Braintree & Bocking Club Championships 2016 | Braintree | Braintree | 4 |
| 3:24.13 | 197 | H | 15/10/15 | Braintree & Bocking Club Championships | Braintree | | 4 |
| 3:34.94 | 169 | H | 23/10/14 | Braintree & Bocking Club Championships | Braintree | | 4 |