

Individual Best Times (All Time)

Isabel Westlake - (977955) - Richmond Dales ASC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------------|-----------------|-------|
| 1:39.88 | 243 | H | 11/01/20 | Richmond Dales ASC Club Champs 2020 | Catterick Garrison | RichmondDale | 4 |
| 1:41.77 | 230 | H | 10/11/18 | Wear Valley November Level 3 Meet 2018 | Bishop Auckland | RichmondDale | 3 |
| 1:46.53 | 200 | H | 03/01/19 | RICHMOND DALES WINTER CLUB GALA | RICHMOND | RichmondDale | 4 |
| 1:46.73 | 199 | H | 15/07/17 | Richmond Dales Summer Madness Gala | Leeds | RichmondDale | 3 |
| 1:46.84 | 198 | H | 09/12/17 | Middlesbrough Christmas 2017 Meet | The Neptune Centre | RichmondDale | 3 |
| 1:47.84 | 193 | H | 04/01/18 | Richmond Dales Winter Club Gala | Richmond | RichmondDale | 4 |
| 1:49.35 | 185 | H | 14/01/17 | Newcastle Swim Team County Qualifier Meet | South Shields | RichmondDale | 3 |
| 1:50.17 | 181 | H | 10/12/16 | Middlesbrough Christmas Meet | Middlesbrough | RichmondDale | 3 |
| 1:53.28 | 166 | H | 18/09/16 | Richmond Dales Back to School Gala | Durham | RichmondDale | 3 |
| 1:53.75 | 164 | H | 05/01/17 | Richmond Dales Winter Club Gala | Richmond | RichmondDale | 4 |
| 1:53.87 | 164 | H | 28/03/15 | Richmond Dales ASC Developmental Meet | Billingham | | 3 |
| 1:54.72 | 160 | H | 17/10/15 | South Tyneside SC Autumn Meet | South Shields | | 3 |
| 1:55.44 | 157 | H | 19/04/15 | South Tyneside ASC Spring Meet | South Shields | | 3 |
| 1:56.10 | 154 | H | 11/01/15 | P & D Last Chance County Qualifier | Stanley | | 3 |
| 1:56.18 | 154 | F | 21/09/14 | Richmond Dales ASC Open Meet | Durham | RichmondDale | 3 |
| 1:56.35 | 153 | H | 24/09/15 | Richmond Dales ASC Club Championships | Richmond | | 4 |
| 2:09.52 | 111 | F | 22/09/13 | Richmond Dales Level 3 Meet | Durham | RichmondDale | 3 |
| 2:09.57 | 111 | H | 14/12/13 | Middlesborough ASC Junior Christmas Gala | Middlesborough | RichmondDale | 3 |
| 2:11.22 | 107 | H | 05/12/13 | Richmond Dales ASC Club Championships | Richmond | RichmondDale | 4 |

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