Individual Best Times (All Time)

Caitlin Mckay - (977803) - West Suffolk Swimming Club - 100 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
1:22.34	434	F	15/12/18	STOWMARKET NO FRILLS OPEN MEET	STOWMARKET	West Suffolk	3
1:22.38	433	Н	26/01/20	Suffolk ASA County Championships 2020	lpswich	West Suffolk	2
1:22.38	433	Н	26/01/20	Suffolk ASA County Championships 2019	Ipswich	West Suffolk	2
1:22.44	432	Н	19/11/23	BUCS Short Course Swimming Championships 2023	Sheffield		2
1:22.47	432	F	11/05/19	The AMAYzing Spring Development Meet	Bury St Edmunds		3
1:22.79	427	F	26/01/20	Suffolk ASA County Championships 2020	lpswich	West Suffolk	2
1:22.79	427	F	26/01/20	Suffolk ASA County Championships 2019	lpswich	West Suffolk	2
1:23.32	419	Н	03/02/19	Suffolk County Championships 2019	lpswich	West Suffolk	2
1:23.41	417	F	03/02/19	Suffolk County Championships 2019	lpswich	West Suffolk	2
1:23.57	415	Н	24/03/18	City of Cambridge Spring Open	Cambridge	West Suffolk	3
1:23.57	415	F	05/01/19	WSSC Home Series: Round 3	Bury St Edmunds	West Suffolk	4
1:23.89	410		11/03/18	Robin Deal Memorial Meet 2018	Sudbury	West Suffolk	3
1:23.94	410	F	06/10/18	The Neate Meet 2018	Bury St Edmunds	West Suffolk	3
1:24.03	408	Н	20/11/22	BUCS Short Course 2022-23	Sheffield		2
1:24.13	407	F	12/05/18	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:24.68	399	Н	03/02/18	Suffolk County Championships 2018	Ipswich		2
1:25.01	394	F	18/11/17	UEA Norwich November Short Course Open Meet	Norwich	West Suffolk	3
1:25.28	390	F	24/11/19	WSSC Club Championships 2019	Bury St Edmunds	West Suffolk	4
1:25.87	382	F	16/12/17	Stowmarket No Frills Open meet	Stowmarket	West Suffolk	3
1:25.95	381	Н	16/07/17	Jeanne Barker July Open Meet	Cambridge	West Suffolk	3
1:26.11	379	F	06/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:26.39	376	Н	17/03/19	West Norfolk Open Meet 2019	St James Pool	West Suffolk	3
1:26.53	374	F	29/11/17	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
1:27.65	360	F	05/02/17	Suffolk County ASA Championships 2017	Ipswich	West Suffolk	2
1:28.03	355	Н	15/07/18	City of Cambridge Jeanne Barker July Open	Cambridge	West Suffolk	3
1:28.10	354		08/01/17	Sudbury January Last Chance Time Trial	Sudbury	West Suffolk	3
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1:29.74	335		02/04/17	Robin Deal Memorial Meet	Sudbury	West Suffolk	3
1:30.56	326	F	17/12/16	Stowmarket No Frills Open Meet	Stowmarket	West Suffolk	3
1:30.94	322	F	01/10/16	West Suffolk The Neate Meet	Bury St Edmunds	West Suffolk	3
1:31.54	316	F	30/11/16	West Suffolk Club Championships 2016	Bury St Edmunds	West Suffolk	4
1:31.90	312	F	03/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	West Suffolk	3
1:32.63	305	Н	10/07/16	City of Cambridge Jeanne Barker July Open	Cambridge	West Suffolk	3
1:32.67	304	F	14/02/16	Suffolk County Championships 2016	Ipswich	West Suffolk	2
1:33.59	295	F	09/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:34.06	291	F	02/12/15	West Suffolk Club Championships 2015	Bury St Edmunds	West Suffolk	4
1:35.25	280	Н	08/03/15	Suffolk County Championships	Ipswich	West Suffolk	2
1:36.68	268	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket	West Suffolk	3
1:37.03	265	F	23/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
1:40.85	236	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	West Suffolk	3
1:42.12	227		22/06/14	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
1:45.71	205		12/01/14	Sudbury & District January Time Trials	Sudbury	West Suffolk	3
1:52.71	169	F	06/10/13	West Suffolk SC Novice Gala 2013	Bury St Edmunds	West Suffolk	3

Swims in Date Order

122.79 427	Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
122.79 427	1:22.44	432	Н	19/11/23	BUCS Short Course Swimming Championships 2023	Sheffield		2
122.79	1:24.03	408	Н	20/11/22	BUCS Short Course 2022-23	Sheffield		2
1.22.38 433 H 26/01/20 Sutfok ASA County Championships 2020 Ipewich West Sutfolk 1.22.38 433 H 26/01/20 Sutfok ASA County Championships 2019 Ipewich West Sutfolk 1.22.47 432 F 24/11/19 West Norfolk Open Meet 2019 Sut James Pool West Sutfolk 1.22.47 432 F 11/05/19 The AMAYzing Spring Development Meet Bury St Edmunds West Sutfolk 1.22.41 417 F 03/02/19 Sutfok County Championships 2019 Ipewich West Sutfolk 1.23.35 419 H 03/02/19 Sutfok County Championships 2019 Ipewich West Sutfolk 1.23.35 415 F 05/01/19 WSS Chome Series: Round 3 Bury St Edmunds West Sutfolk 1.22.34 434 F 15/12/18 STOWMARKET NO FRILLS OPEN MEET STOWMARKET West Sutfolk 1.23.39 H 15/02/18 The AMAYzing Spring Development Meet Bury St Edmunds West Sutfolk 1.23.39 H 15/07/18 Cit	1:22.79	427	F	26/01/20	Suffolk ASA County Championships 2020	Ipswich	West Suffolk	2
1.22.38 433 H 2601/20 Sulfolk ASA County Championships 2019 Ipswich West Sulfolk 1.25.28 390 F 24/11/19 WSSC Club Championships 2019 Bury St Edmunds West Sulfolk 1.26.39 376 H 17/03/19 West Norfolk Open Meet 2019 St James Pool West Sulfolk 1.23.34 417 F 03/02/19 Sulfolk County Championships 2019 Ipswich West Sulfolk 1.23.32 419 H 03/02/19 Sulfolk County Championships 2019 Ipswich West Sulfolk 1.23.35 415 F 05/01/19 WSSC Home Series: Round 3 Bury St Edmunds West Sulfolk 1.22.34 434 F 15/12/18 STOWMARKET NO FRILLS OPEN MEET STOWMARKET West Sulfolk 1.22.34 410 F 06/10/18 The Neate Meet 2018 Bury St Edmunds West Sulfolk 1.22.34 410 F 06/10/18 The Neate Meet 2018 Bury St Edmunds West Sulfolk 1.22.35 415 H 15/03/18	1:22.79	427	F	26/01/20	Suffolk ASA County Championships 2019	Ipswich	West Suffolk	2
1.25.28 390 F 24/11/19 WSSC Club Championships 2019 Bury St Edmunds West Suffolk 1.22.47 432 F 11/05/19 The AMAYzing Spring Development Meet Bury St Edmunds West Suffolk 1.23.41 417 F 03/02/19 Suffolk County Championships 2019 Ipswich West Suffolk 1.23.32 419 H 03/02/19 Suffolk County Championships 2019 Ipswich West Suffolk 1.23.34 415 F 05/01/19 WSSC Home Series: Round 3 Bury St Edmunds West Suffolk 1.23.34 410 F 05/01/19 WSSC Home Series: Round 3 Bury St Edmunds West Suffolk 1.23.34 410 F 05/01/18 The Neath Meet 2018 Bury St Edmunds West Suffolk 1.23.37 415 H 15/07/18 City of Cambridge Spring Open Cambridge West Suffolk 1.23.43 410 F 12/05/18 The AMAYzing Spring Development Meet Bury St Edmunds West Suffolk 1.23.43 415 H <	1:22.38	433	Н	26/01/20	Suffolk ASA County Championships 2020	Ipswich	West Suffolk	2
1:22.47 432 F 11.05/19 The AMAYzing Spring Development Meet Bury St Edmunds 1:26.39 376 H 17:03/19 West Norfolk Open Meet 2019 St James Pool West Suffolk 1:23.31 417 F 03:02/19 Suffolk County Championships 2019 Ipswich West Suffolk 1:23.37 415 F 05:01/19 WSSC Home Series: Round 3 Bury St Edmunds West Suffolk 1:22.34 434 F 15/12/18 STOWMARKET NO FRILLS OPEN MEET STOWMARKET West Suffolk 1:23.394 410 F 06/10/18 The Neate Meet 2018 Bury St Edmunds West Suffolk 1:28.03 355 H 150/7/18 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:24.13 407 F 12:05/18 The AMAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1:23.89 410 11:03/18 Bobin Deal Memorial Meet 2018 Sudbury West Suffolk 1:23.87 382 F 16/12/17 Stowmarket No	1:22.38	433	Н	26/01/20	Suffolk ASA County Championships 2019	Ipswich	West Suffolk	2
1:26.39 376 H 17:03/19 West Norfolk Open Meet 2019 St James Pool West Sutfolk 1:23.41 417 F 03:02/19 Sutfolk County Championships 2019 Ipswich West Sutfolk 1:23.32 419 H 03:02/19 Sutfolk County Championships 2019 Ipswich West Sutfolk 1:23.57 415 F 05:01/19 WSSC Home Series: Round 3 Bury St Edmunds West Sutfolk 1:22.34 434 F 15:12/18 STOWMARKET NO FRILLS OPEN MEET STOWMARKET West Sutfolk 1:28.39 410 F 06:10/18 The Neate Meet 2018 Bury St Edmunds West Sutfolk 1:24.13 407 F 12:05/18 The AMAY'zing Spring Open Cambridge West Sutfolk 1:23.57 415 H 24:03/18 City of Cambridge Spring Open Cambridge West Sutfolk 1:23.57 415 H 03:02/18 Sutfolk County Championships 2018 Ipswich West Sutfolk 1:24.68 399 H 03:02/18 Su	1:25.28	390	F	24/11/19	WSSC Club Championships 2019	Bury St Edmunds	West Suffolk	4
123.41 417 F 03/02/19 Sulfolk County Championships 2019 Ipswich West Sulfolk 1:23.32 419 H 03/02/19 Sulfolk County Championships 2019 Ipswich West Sulfolk 1:23.57 415 F 05/01/19 WSSC Home Series: Round 3 Bury St Edmunds West Sulfolk 1:22.34 434 F 15/12/18 STOWMARKET NO FRILLS OPEN MEET STOWMARKET West Sulfolk 1:28.09 410 F 06/10/18 The Nacte Meet 2018 Bury St Edmunds West Sulfolk 1:28.09 355 H 15/07/18 City of Cambridge Jeanne Barker July Open Cambridge West Sulfolk 1:24.13 407 F 12/05/18 The AMAYzing Spring Development Meet Bury St Edmunds West Sulfolk 1:23.57 415 H 24/03/18 Ribin Memorial Meet 2018 Sudbury West Sulfolk 1:24.68 399 H 03/02/18 Sulfolk County Championships 2018 Ipswich West Sulfolk 1:25.67 382 F 16/12/17<	1:22.47	432	F	11/05/19	The AMAYzing Spring Development Meet	Bury St Edmunds		3
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1:23,94 410 F 06/10/18 The Neate Meet 2018 Bury St Edmunds West Sutfolk 1:28,03 355 H 15/07/18 City of Cambridge Jeanne Barker July Open Cambridge West Sutfolk 1:24,13 407 F 12/05/18 The AMAY zing Spring Development Meet Bury St Edmunds West Sutfolk 1:23,57 415 H 24/03/18 City of Cambridge Spring Open Cambridge West Sutfolk 1:23,89 410 11/03/18 Robin Deal Memorial Meet 2018 Sudbury West Sutfolk 1:26,87 382 F 16/12/17 Stowmarket No Frills Open meet Stowmarket West Sutfolk 1:26,53 374 F 29/11/17 West Sutfolk Club Championships Bury St Edmunds West Sutfolk 1:25,01 394 F 18/11/17 UEA Norwich November Short Course Open Meet Norwich West Sutfolk 1:26,53 381 H 16/07/17 Jeanne Barker July Open Meet Cambridge West Sutfolk 1:28,59 381 H 16/07/17 </td <td>1:23.57</td> <td>415</td> <td>F</td> <td>05/01/19</td> <td>WSSC Home Series: Round 3</td> <td>Bury St Edmunds</td> <td>West Suffolk</td> <td>4</td>	1:23.57	415	F	05/01/19	WSSC Home Series: Round 3	Bury St Edmunds	West Suffolk	4
1.28.03 355 H 15/07/18 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1.24.13 407 F 12/05/18 The AMAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1.23.57 415 H 24/03/18 City of Cambridge Spring Open Cambridge West Suffolk 1.23.89 410 11/03/18 Robin Deal Memorial Meet 2018 Sudbury West Suffolk 1.24.68 399 H 03/02/18 Suffolk County Championships 2018 Ipswich 1.25.87 382 F 16/12/17 Stowmarket No Frills Open meet Stowmarket West Suffolk 1.25.31 374 F 29/11/17 West Suffolk Club Championships Bury St Edmunds West Suffolk 1.25.95 381 H 16/07/17 Jeanne Barker July Open Meet Cambridge West Suffolk 1.28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1.29.74 335 02/04/17 Robin Deal Memorial Meet <td>1:22.34</td> <td>434</td> <td>F</td> <td>15/12/18</td> <td>STOWMARKET NO FRILLS OPEN MEET</td> <td>STOWMARKET</td> <td>West Suffolk</td> <td>3</td>	1:22.34	434	F	15/12/18	STOWMARKET NO FRILLS OPEN MEET	STOWMARKET	West Suffolk	3
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1:23.57 415 H 24/03/18 City of Cambridge Spring Open Cambridge West Suffolk 1:23.89 410 11/03/18 Robin Deal Memorial Meet 2018 Sudbury West Suffolk 1:24.68 399 H 03/02/18 Suffolk County Championships 2018 Ipswich 1:25.87 382 F 16/12/17 Stowmarket No Frills Open meet Stowmarket West Suffolk 1:26.53 374 F 29/11/17 West Suffolk Club Championships Bury St Edmunds West Suffolk 1:25.01 394 F 18/11/17 UEA Norwich November Short Course Open Meet Norwich West Suffolk 1:25.95 381 H 16/07/17 Jeanne Barker July Open Meet Cambridge West Suffolk 1:26.11 379 F 06/05/17 The AMAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1:28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1:29.74 335 02/04/17 Robin Deal Memorial Meet <td>1:28.03</td> <td>355</td> <td>Н</td> <td>15/07/18</td> <td>City of Cambridge Jeanne Barker July Open</td> <td>Cambridge</td> <td>West Suffolk</td> <td>3</td>	1:28.03	355	Н	15/07/18	City of Cambridge Jeanne Barker July Open	Cambridge	West Suffolk	3
1:23.89 410 11/03/18 Robin Deal Memorial Meet 2018 Sudbury West Suffolk 1:24.68 399 H 03/02/18 Suffolk County Championships 2018 Ipswich 1:25.87 382 F 16/12/17 Stowmarket No Frills Open meet Stowmarket West Suffolk 1:26.53 374 F 29/11/17 West Suffolk Club Championships Bury St Edmunds West Suffolk 1:25.01 394 F 18/11/17 UEA Norwich November Short Course Open Meet Norwich West Suffolk 1:25.95 381 H 16/07/17 Jeanne Barker July Open Meet Cambridge West Suffolk 1:26.11 379 F 06/05/17 The AMAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1:28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1:29.74 335 02/04/17 Robin Deal Memorial Meet Sudbury West Suffolk 1:29.75 360 F 05/02/17 Suffolk County ASA Championships 20	1:24.13	407	F	12/05/18	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:24.68 399 H 03/02/18 Sutfolk County Championships 2018 Ipswich 1:25.87 382 F 16/12/17 Stowmarket No Frills Open meet Stowmarket West Suffolk 1:26.53 374 F 29/11/17 West Suffolk Club Championships Bury St Edmunds West Suffolk 1:25.01 394 F 18/11/17 UEA Norwich November Short Course Open Meet Norwich West Suffolk 1:25.95 381 H 16/07/17 Jeanne Barker July Open Meet Cambridge West Suffolk 1:26.11 379 F 06/05/17 The AMAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1:28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1:29.74 335 02/04/17 Newmarket & District 9th April Open Meet Sudbury West Suffolk 1:29.765 360 F 05/02/17 Suffolk County ASA Championships 2017 Ipswich West Suffolk 1:29.10 354 08/01/17 Sudbury January Last Chance Time Trial Sudbury West Suffolk 1:30.5	1:23.57	415	Н	24/03/18	City of Cambridge Spring Open	Cambridge	West Suffolk	3
1:25.87 382 F 16/12/17 Stowmarket No Frills Open meet Stowmarket West Suffolk 1:26.53 374 F 29/11/17 West Suffolk Club Championships Bury St Edmunds West Suffolk 1:25.01 394 F 18/11/17 UEA Norwich November Short Course Open Meet Norwich West Suffolk 1:25.95 381 H 16/07/17 Jeanne Barker July Open Meet Cambridge West Suffolk 1:26.11 379 F 06/05/17 The A'MAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1:28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1:29.74 335 02/04/17 Robin Deal Memorial Meet Sudbury West Suffolk 1:29.765 360 F 05/02/17 Suffolk County ASA Championships 2017 Ipswich West Suffolk 1:28.10 354 08/01/17 Sudbury January Last Chance Time Trial Sudbury West Suffolk 1:30.56 326 F 17/12/16	1:23.89	410		11/03/18	Robin Deal Memorial Meet 2018	Sudbury	West Suffolk	3
1:26.53 374 F 29/11/17 West Suffolk Club Championships Bury St Edmunds West Suffolk 1:25.01 394 F 18/11/17 UEA Norwich November Short Course Open Meet Norwich West Suffolk 1:25.95 381 H 16/07/17 Jeanne Barker July Open Meet Cambridge West Suffolk 1:26.11 379 F 06/05/17 The AMAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1:28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1:29.74 335 02/04/17 Robin Deal Memorial Meet Sudbury West Suffolk 1:28.10 354 05/02/17 Suffolk County ASA Championships 2017 Ipswich West Suffolk 1:30.56 326 F 17/12/16 Stowmarket No Frills Open Meet Stowmarket West Suffolk 1:30.94 322 F 01/10/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 <td>1:24.68</td> <td>399</td> <td>Н</td> <td>03/02/18</td> <td>Suffolk County Championships 2018</td> <td>Ipswich</td> <td></td> <td>2</td>	1:24.68	399	Н	03/02/18	Suffolk County Championships 2018	Ipswich		2
1:25.01 394 F 18/11/17 UEA Norwich November Short Course Open Meet Norwich West Suffolk 1:25.95 381 H 16/07/17 Jeanne Barker July Open Meet Cambridge West Suffolk 1:26.11 379 F 06/05/17 The A'MAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1:28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1:29.74 335 02/04/17 Robin Deal Memorial Meet Sudbury West Suffolk 1:28.10 360 F 05/02/17 Suffolk County ASA Championships 2017 Ipswich West Suffolk 1:28.10 354 08/01/17 Sudbury January Last Chance Time Trial Sudbury West Suffolk 1:30.56 326 F 17/12/16 Stowmarket No Frills Open Meet Stowmarket West Suffolk 1:30.94 322 F 01/10/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 <td>1:25.87</td> <td>382</td> <td>F</td> <td>16/12/17</td> <td>Stowmarket No Frills Open meet</td> <td>Stowmarket</td> <td>West Suffolk</td> <td>3</td>	1:25.87	382	F	16/12/17	Stowmarket No Frills Open meet	Stowmarket	West Suffolk	3
1:25.95 381 H 16/07/17 Jeanne Barker July Open Meet Cambridge West Suffolk 1:26.11 379 F 06/05/17 The A'MAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1:28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1:29.74 335 02/04/17 Robin Deal Memorial Meet Sudbury West Suffolk 1:27.65 360 F 05/02/17 Suffolk County ASA Championships 2017 Ipswich West Suffolk 1:28.10 354 08/01/17 Sudbury January Last Chance Time Trial Sudbury West Suffolk 1:30.56 326 F 17/12/16 Stowmarket No Frills Open Meet Stowmarket West Suffolk 1:31.54 316 F 30/11/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:30.94 322 F 01/10/16 West Suffolk The Neate Meet Bury St Edmunds West Suffolk 1:32.67 304 F 14/02/16	1:26.53	374	F	29/11/17	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
1:26.11 379 F 06/05/17 The A'MAY'zing Spring Development Meet Bury St Edmunds West Suffolk 1:28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1:29.74 335 02/04/17 Robin Deal Memorial Meet Sudbury West Suffolk 1:27.65 360 F 05/02/17 Suffolk County ASA Championships 2017 Ipswich West Suffolk 1:28.10 354 08/01/17 Sudbury January Last Chance Time Trial Sudbury West Suffolk 1:30.56 326 F 17/12/16 Stowmarket No Frills Open Meet Stowmarket West Suffolk 1:31.54 316 F 30/11/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:30.94 322 F 01/10/16 West Suffolk The Neate Meet Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:32.67 304 F 14/02/1	1:25.01	394	F	18/11/17	UEA Norwich November Short Course Open Meet	Norwich	West Suffolk	3
1:28.53 349 F 08/04/17 Newmarket & District 9th April Open Meet Newmarket West Suffolk 1:29.74 335 02/04/17 Robin Deal Memorial Meet Sudbury West Suffolk 1:27.65 360 F 05/02/17 Suffolk County ASA Championships 2017 Ipswich West Suffolk 1:28.10 354 08/01/17 Sudbury January Last Chance Time Trial Sudbury West Suffolk 1:30.56 326 F 17/12/16 Stowmarket No Frills Open Meet Stowmarket West Suffolk 1:31.54 316 F 30/11/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:30.94 322 F 01/10/16 West Suffolk The Neate Meet Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:32.67 304 F 14/02/16 Suffolk County Championships 2016 Ipswich West Suffolk	1:25.95	381	Н	16/07/17	Jeanne Barker July Open Meet	Cambridge	West Suffolk	3
1:29.74 335 02/04/17 Robin Deal Memorial Meet Sudbury West Suffolk 1:27.65 360 F 05/02/17 Suffolk County ASA Championships 2017 Ipswich West Suffolk 1:28.10 354 08/01/17 Sudbury January Last Chance Time Trial Sudbury West Suffolk 1:30.56 326 F 17/12/16 Stowmarket No Frills Open Meet Stowmarket West Suffolk 1:31.54 316 F 30/11/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:30.94 322 F 01/10/16 West Suffolk The Neate Meet Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:32.67 304 F 14/02/16 Suffolk County Championships 2016 Ipswich West Suffolk	1:26.11	379	F	06/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:27.65 360 F 05/02/17 Suffolk County ASA Championships 2017 Ipswich West Suffolk 1:28.10 354 08/01/17 Sudbury January Last Chance Time Trial Sudbury West Suffolk 1:30.56 326 F 17/12/16 Stowmarket No Frills Open Meet Stowmarket West Suffolk 1:31.54 316 F 30/11/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:30.94 322 F 01/10/16 West Suffolk The Neate Meet Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:32.67 304 F 14/02/16 Suffolk County Championships 2016 Ipswich West Suffolk	1:28.53	349	F	08/04/17	Newmarket & District 9th April Open Meet	Newmarket	West Suffolk	3
1:28.10 354 08/01/17 Sudbury January Last Chance Time Trial Sudbury West Suffolk 1:30.56 326 F 17/12/16 Stowmarket No Frills Open Meet Stowmarket West Suffolk 1:31.54 316 F 30/11/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:30.94 322 F 01/10/16 West Suffolk The Neate Meet Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:32.67 304 F 14/02/16 Suffolk County Championships 2016 Ipswich West Suffolk	1:29.74	335		02/04/17	Robin Deal Memorial Meet	Sudbury	West Suffolk	3
1:30.56 326 F 17/12/16 Stowmarket No Frills Open Meet Stowmarket West Suffolk 1:31.54 316 F 30/11/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:30.94 322 F 01/10/16 West Suffolk The Neate Meet Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:32.67 304 F 14/02/16 Suffolk County Championships 2016 Ipswich West Suffolk	1:27.65	360	F	05/02/17	Suffolk County ASA Championships 2017	Ipswich	West Suffolk	2
1:31.54 316 F 30/11/16 West Suffolk Club Championships 2016 Bury St Edmunds West Suffolk 1:30.94 322 F 01/10/16 West Suffolk The Neate Meet Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:32.67 304 F 14/02/16 Suffolk County Championships 2016 Ipswich West Suffolk	1:28.10	354		08/01/17	Sudbury January Last Chance Time Trial	Sudbury	West Suffolk	3
1:30.94 322 F 01/10/16 West Suffolk The Neate Meet Bury St Edmunds West Suffolk 1:32.63 305 H 10/07/16 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:32.67 304 F 14/02/16 Suffolk County Championships 2016 Ipswich West Suffolk	1:30.56	326	F	17/12/16	Stowmarket No Frills Open Meet	Stowmarket	West Suffolk	3
1:32.63 305 H 10/07/16 City of Cambridge Jeanne Barker July Open Cambridge West Suffolk 1:32.67 304 F 14/02/16 Suffolk County Championships 2016 Ipswich West Suffolk	1:31.54	316	F	30/11/16	West Suffolk Club Championships 2016	Bury St Edmunds	West Suffolk	4
1:32.67 304 F 14/02/16 Suffolk County Championships 2016 Ipswich West Suffolk	1:30.94	322	F	01/10/16	West Suffolk The Neate Meet	Bury St Edmunds	West Suffolk	3
	1:32.63	305	Н	10/07/16	City of Cambridge Jeanne Barker July Open	Cambridge	West Suffolk	3
right 2024 Powered By SPORTSYS	1:32.67	304	F	14/02/16	Suffolk County Championships 2016	Ipswich	West Suffolk	2
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1:34.06	291	F	02/12/15	West Suffolk Club Championships 2015	Bury St Edmunds	West Suffolk	Page 3 / 3
1:31.90	312	F	03/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	West Suffolk	3
1:33.59	295	F	09/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:36.68	268	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket	West Suffolk	3
1:35.25	280	Н	08/03/15	Suffolk County Championships	Ipswich	West Suffolk	2
1:37.03	265	F	23/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
1:40.85	236	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	West Suffolk	3
1:42.12	227		22/06/14	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
1:45.71	205		12/01/14	Sudbury & District January Time Trials	Sudbury	West Suffolk	3
1:52.71	169	F	06/10/13	West Suffolk SC Novice Gala 2013	Bury St Edmunds	West Suffolk	3

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