

# Individual Best Times (All Time)

Lara Sinclair-Banks - (976894) - Market Harborough SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:01.04	557	H	01/02/20	2020 LASA County Age Group & Championships	Hinckley	Market Har	2
1:01.95	533	H	07/07/19	Braunstone Sprint Open Meet 2019	Braunstone	Market Har	3
1:02.08	530	F	19/01/19	Leicestershire County Age Groups & Championships	Braunstone	Market Har	2
1:02.09	530	H	19/01/19	Leicestershire County Age Groups & Championships	Braunstone	Market Har	2
1:02.63	516	H	26/10/19	Market Harborough Annual Club Championships	Market Harborough	Market Har	4
1:02.98	507	H	21/03/15	Leicestershire County Age Groups & Championships	Leicester		2
1:03.38	498	H	01/10/17	Cambridge Grand Prix	Cambridge	Northampton	2
1:03.40	497	F	29/11/14	Nuneaton & Bedworth Open Meet	Nuneaton		2
1:03.97	484	H	03/10/15	Leicester Penguins 2015 Open Meet	Braunstone		3
1:04.26	478	H	21/11/21	BUCS Short Course Swimming	Sheffield	Newcastle	2
1:04.61	470	H	01/10/16	Leicester Penguins 2016 Open Meet	Braunstone	Corby	3
1:05.03	461	H	27/10/18	Market Harborough Annual Club Championships	Market Harborough	Market Har	4
1:05.47	452	H	29/11/14	Nuneaton & Bedworth Open Meet	Nuneaton		2
1:06.47	432	H	27/09/14	Leicester Penguins Club Championships	Braunstone		4
1:06.67	428		06/07/14	Braunstone SC Sprint Open Meet	Braunstone	Leic Peng	3
1:09.50	377		26/04/14	Rugby Open Meet 2014	Rugby	Leic Peng	3
1:09.85	372	H	18/01/14	Leicester Penguins Club Championships	Braunstone	Leic Peng	4
1:09.91	371	F	26/01/14	Long Eaton Open Meet	Derby	Leic Peng	3
1:11.84	342	H	26/01/14	Long Eaton Open Meet	Derby	Leic Peng	3
1:12.51	332	H	30/11/13	Nuneaton & Bedworth Winter Meet	Nuneaton	Leic Peng	2
1:14.12	311	H	05/10/13	Leicester Penguins Open Meet 2013	Braunstone	Leic Peng	3
1:14.15	311	H	28/09/13	Leicester Penguins Club Championships	Braunstone	Leic Peng	4
1:14.53	306		27/04/13	Leicester Penguins No Frills Gala	Loughborough	Leic Peng	4
1:15.88	290		06/04/13	Nuneaton & Bedworth SC Spring Qualifying	Nuneaton	Leic Peng	2
1:20.34	244		19/01/13	Leicester Penguins Club Championships	Braunstone	Leic Peng	4

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