

Individual Best Times (All Time)

Lara Sinclair-Banks - (976894) - Market Harborough SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.55	513	H	07/07/19	Braunstone Sprint Open Meet 2019	Braunstone	Market Har	3
1:11.45	494	H	10/02/19	Leicestershire County Age Groups & Championships	Braunstone	Market Har	2
1:11.54	492	H	02/11/19	Midlands Winter Short Course Championships 2019	Nottingham	Market Har	2
1:11.55	492	F	10/02/19	Leicestershire County Age Groups & Championships	Braunstone	Market Har	2
1:12.13	480	H	26/10/19	Market Harborough Annual Club Championships	Market Harborough	Market Har	4
1:12.34	476	F	07/02/16	The Leicestershire County Age Groups & Champs	Braunstone	Leic Peng	2
1:12.36	476	H	17/09/16	NASA 2016 Short Course Competition	Rugby	Corby	3
1:13.65	451	H	03/10/15	Leicester Penguins 2015 Open Meet	Braunstone		3
1:14.19	441	H	29/03/15	Leicestershire County Age Group & Championships	Leicester		2
1:15.02	427	H	06/02/16	The Leicestershire County Age Groups & Champs	Braunstone	Leic Peng	2
1:15.50	419	H	27/10/18	Market Harborough Annual Club Championships	Market Harborough	Market Har	4
1:16.29	406	H	04/10/14	Leicester Penguins Open Meet	Braunstone		3
1:16.55	402	H	01/10/16	Leicester Penguins 2016 Open Meet	Braunstone	Corby	3
1:17.17	392	H	31/08/14	Leicester Penguins Club Championships	Braunstone		4
1:17.76	383	H	12/09/15	Leicester Penguins Club Championships	Nuneaton		4
1:17.83	382		06/07/14	Braunstone SC Sprint Open Meet	Braunstone	Leic Peng	3
1:22.81	317	H	16/03/14	Leicestershire County Championships	Braunstone	Leic Peng	2
1:22.85	317	H	18/01/14	Leicester Penguins Club Championships	Braunstone	Leic Peng	4
1:26.62	277	H	14/09/13	Leicester Penguins Club Championships	Braunstone	Leic Peng	4
1:29.26	253		17/03/13	Leicestershire County Championships	Braunstone	Leic Peng	2
1:33.01	224		19/01/13	Leicester Penguins Club Championships	Braunstone	Leic Peng	4
1:35.44	207	H	05/10/13	Leicester Penguins Open Meet 2013	Braunstone	Leic Peng	3
1:41.66	171		03/11/12	Leicester Penguins Club Championships	Braunstone	Leic Peng	4

Swims in Date Order

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