

Individual Best Times (All Time)

Katie Frodsham - (975900) - Bebington SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
39.31	265	F	26/06/16	Peninsular Age Group Galas	Birkenhead	Bebington	4
40.66	239	F	18/10/15	Conwy County Aquatics Autumn Meet	Llandudno	Bebington	2
40.82	236	F	17/01/16	Holywell Valentine Meet 2016	Holywell	Bebington	2
40.89	235	H	17/07/16	Southport End of Season Sprint Finale	Knowsley	Bebington	3
41.51	225	F	12/07/15	Len Thomas Memorial Sprint Meet	Llandudno	Bebington	2
42.10	215	F	11/04/15	Bebington Club Championships	Bebington	Bebington	4
42.11	215	F	22/11/15	Bebington Club Championships	Bebington	Bebington	4
42.21	214	F	28/05/16	Swim Conwy Whitsun Meet	Llandudno	Bebington	2
43.17	200	F	08/11/15	Peninsular Championship Galas	Birkenhead	Bebington	3
44.59	181	H	23/11/14	Cheshire Junior Meet Level 3 Gala	Macclesfield		3
44.87	178	F	02/11/14	Peninsular Group Club Championships	Birkenhead	Bebington	3
45.71	168	F	29/11/14	Bebington Winter Championships	Bebington	Bebington	4
46.10	164	F	19/10/14	Conwy County Aquatics Autumn Meet	Llandudno	Bebington	2
47.50	150	F	24/05/14	Swim Conway Whitsun Meet	Llandudno	Bebington	2
47.53	149	F	11/05/14	Peninsular Group of Swimming Clubs AG Galas	Birkenhead	Bebington	3
48.48	141	F	20/10/13	Swim Conway Autumn Meet	Llandudno	Bebington	1
51.07	120	F	26/10/13	Peninsular Group of Swimming Clubs Champ	Birkenhead	Bebington	3
51.53	117	F	24/11/13	Wrexham Junior Sprint Meet	Wrexham	Bebington	4
52.30	112	F	12/05/13	Peninsular Group SC Age Group Galas	Birkenhead	Bebington	3
54.11	101	F	30/11/13	Bebington SC Club Championships	Bebington	Bebington	4
57.46	84	F	27/01/13	Peninsular Group of Swimming Clubs Champs	Birkenhead	Bebington	3
58.46	80	F	09/12/12	Bebington Club Championships	Bebington	Bebington	4
1:06.10	55	F	30/06/12	Bebington SC Club Championships	Bebington	Bebington	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
------	--------	-------	------	------	-------	-----------------	-------

40.89	235	H	17/07/16	Southport End of Season Sprint Finale	Knowsley	Bebington	3
39.31	265	F	26/06/16	Peninsular Age Group Galas	Birkenhead	Bebington	4
42.21	214	F	28/05/16	Swim Conwy Whitsun Meet	Llandudno	Bebington	2
40.82	236	F	17/01/16	Holywell Valentine Meet 2016	Holywell	Bebington	2
42.11	215	F	22/11/15	Bebington Club Championships	Bebington	Bebington	4
43.17	200	F	08/11/15	Peninsular Championship Galas	Birkenhead	Bebington	3
40.66	239	F	18/10/15	Conwy County Aquatics Autumn Meet	Llandudno	Bebington	2
41.51	225	F	12/07/15	Len Thomas Memorial Sprint Meet	Llandudno	Bebington	2
42.10	215	F	11/04/15	Bebington Club Championships	Bebington	Bebington	4
45.71	168	F	29/11/14	Bebington Winter Championships	Bebington	Bebington	4
44.59	181	H	23/11/14	Cheshire Junior Meet Level 3 Gala	Macclesfield		3
44.87	178	F	02/11/14	Peninsular Group Club Championships	Birkenhead	Bebington	3
46.10	164	F	19/10/14	Conwy County Aquatics Autumn Meet	Llandudno	Bebington	2
47.50	150	F	24/05/14	Swim Conway Whitsun Meet	Llandudno	Bebington	2
47.53	149	F	11/05/14	Peninsular Group of Swimming Clubs AG Galas	Birkenhead	Bebington	3
54.11	101	F	30/11/13	Bebington SC Club Championships	Bebington	Bebington	4
51.53	117	F	24/11/13	Wrexham Junior Sprint Meet	Wrexham	Bebington	4
51.07	120	F	26/10/13	Peninsular Group of Swimming Clubs Champ	Birkenhead	Bebington	3
48.48	141	F	20/10/13	Swim Conway Autumn Meet	Llandudno	Bebington	1
52.30	112	F	12/05/13	Peninsular Group SC Age Group Galas	Birkenhead	Bebington	3
57.46	84	F	27/01/13	Peninsular Group of Swimming Clubs Champs	Birkenhead	Bebington	3
58.46	80	F	09/12/12	Bebington Club Championships	Bebington	Bebington	4
1:06.10	55	F	30/06/12	Bebington SC Club Championships	Bebington	Bebington	4