

Individual Best Times (All Time)

Robyn Ward - (975498) - Borough of Southend Swimming and - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:04.24	439	H	08/10/17	The Alan Mitchell Memorial County Qualifier	Thurrock	Bo Southend	3
5:07.66	424	F	17/12/17	Christmas at Dagenham 2017 Open Meet	Dagenham	Bo Southend	3
5:16.53	390	H	18/12/16	BPSC Last Chance County Qualifier 2016	Basildon	Rochford	3
5:17.75	385	H	15/10/16	Rochford & District Club Championships	Rochford	Rochford	4
5:19.20	380	H	25/09/16	BPSC Season Opener	Basildon	Rochford	2
5:33.36	334	H	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon		2
5:41.16	311	H	21/07/15	Rochford & District Club Championships 2015	Rochford		4
5:43.83	304	H	31/01/15	Essex County Age Group Championships 2015	Southend		2
6:04.87	254	H	24/06/14	Rochford & District SC Club Championships 2014	Rochford	Rochford	4

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