

Individual Best Times (All Time)

Heather Borland - (975105) - Llandudno Swimming - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:10.78	260	F	01/02/16	Swim Wales North Regional Championships	Llandudno	Llandudno	2
3:12.23	254	F	06/12/15	Swim Wales North Sub Regional Championships	Llandudno	Llandudno	3
3:17.32	235	F	07/12/14	Swim Wales North Sub Regionals	Llandudno	Llandudno	4
3:18.70	230	F	27/09/15	Swim Conwy Closed Invitational Meet	Llandudno	Llandudno	3
3:22.85	216	F	17/10/15	Conwy County Aquatics Autumn Meet	Llandudno	Llandudno	2
3:26.05	206	F	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	Llandudno	4
3:29.65	196	F	08/12/13	BG Swim Wales North Sub Regional Champs	Llandudno	Llandudno	4
3:34.65	182	F	11/05/14	Swim Wales North Region Junior Development Meet	Llandudno	Llandudno	4
3:35.01	182	F	24/05/14	Swim Conway Whitsun Meet	Llandudno	Llandudno	2
3:39.98	169	H	03/02/14	Swim Wales North Region Championships	Llandudno	Llandudno	2
3:50.74	147	F	22/02/14	Menai Graded Meet AA & B	Bangor	Llandudno	4
4:03.88	124	F	11/05/13	BG Swim Wales Nth Junior Development	Llandudno	Llandudno	4

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