

Individual Best Times (All Time)

Ben Wright - (974830) - Armthorpe & District SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:15.47	573	H	05/10/19	LVSC Short Course Meet 2019	Sheffield	Donc Dartes	2
4:16.88	564	H	03/11/18	Swim England North East Region Championships (25)	Sheffield	Donc Dartes	2
4:17.44	560	H	02/11/19	North East Region Open Championships (25m)	Sheffield	Donc Dartes	2
4:24.09	519	H	03/02/18	Yorkshire County Championships	Leeds	Donc Dartes	2
4:25.60	510	F	03/02/18	Yorkshire County Championships	Leeds	Donc Dartes	2
4:28.94	491	H	29/10/17	ASA North East Region Age Group Championships	Sunderland	Donc Dartes	2
4:39.75	436	H	06/11/16	ASA North East Region Age Group Championships	Sunderland	Donc Dartes	2
4:50.20	391		25/09/16	York City Baths Autumn Swim Extravaganza	Leeds	Donc Dartes	3
4:57.38	363	H	22/11/15	ASANER Regional Age Group Championships	Sunderland		2
5:17.00	300	H	07/12/14	ASANER BG Regional Age Group Champs	Sunderland		2
5:24.52	279	H	11/01/14	Harrogate SC Janus Meet	Harrogate	Armthorpe	3

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