

# Individual Best Times (All Time)

Helena Kosinska - (974537) - Staines Swimming Club - 200 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:53.89	325	F	09/07/16	Black Swan Summer Open Meet	Walton on Thames	Staines	3
2:57.13	307	F	27/11/16	Black Swan County Qualifier Meet 2016	Walton on Thames	Staines	3
2:58.40	301	F	21/05/16	Atlantis Horsham Spring Open Meet	Horsham	Staines	3
3:00.03	293	F	21/11/15	Black Swan Winter Open Meet 2015	Walton-on-Thames	Staines	3
3:01.48	286	F	23/01/16	MCASA County Championships 2016	Barnet	Staines	2
3:04.58	272	F	06/11/16	Staines Club Championships	Staines	Staines	4
3:05.69	267	F	14/01/17	Kingston Royals New Year Meet	Walton on the Thames	Staines	3
3:06.47	263	F	07/03/15	BHSC John Basford Memorial Trophy	Barnet	Staines	3
3:10.26	248	F	17/10/15	Staines Club Championships 2015	Spelthorne	Staines	4
3:10.40	247	F	12/07/15	Black Swan Summer Open Meet 2015 (non nat qual)	Walton-on-Thames	Staines	3
3:10.45	247	F	08/10/17	Maxwell October Meet	Aylesbury	Staines	3
3:13.26	237	F	13/07/14	Staines SC Black Swan Summer Meet	Staines		3
3:19.56	215	F	22/11/14	Staines Club Championships	Staines		4
3:22.53	205	H	14/12/14	Team Luton Development 2014 Meet	Luton		3
3:24.78	199	F	18/10/14	Staines SC Black Swan Winter Meet	Elmbridge		3
3:35.19	171	F	10/01/15	Black Swan County Qualifier Meet	Walton-on-Thames	Staines	3

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