

Individual Best Times (All Time)

Aidan Lancaster - (973773) - Adwick (Doncaster) SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:38.41	443		18/12/16	Doncaster Dartes Distance Trials	Adwick	Adwick	4
4:52.90	380		03/01/16	Doncaster Dartes Licensed Distance Trials	Doncaster	Adwick	4
6:03.86	198		19/01/14	Doncaster Dartes Distance Time Trials	Adwick	Adwick	4

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