

# Individual Best Times (All Time)

Aidan Lancaster - (973773) - Adwick (Doncaster) SC - 400 Individual Medley - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:42.50	198		19/01/14	Doncaster Dartes Distance Time Trials	Adwick	Adwick	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:42.50	198		19/01/14	Doncaster Dartes Distance Time Trials	Adwick	Adwick	4