

Individual Best Times (All Time)

Aidan Lancaster - (973773) - Adwick (Doncaster) SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.31	339	H	16/10/16	Yorkshire SA Winter Competition	Leeds	Donc Dartes	2
1:10.27	325	H	03/07/16	KUH End of Season Short Course Meet	Kingston upon Hull	Donc Dartes	3
1:10.88	317	H	10/11/19	Adwick Home Championships	Adwick	Adwick	4
1:11.15	313	H	12/11/17	Adwick Home Championships	Adwick	Adwick	4
1:11.32	311		08/10/18	Doncaster Individual Mets Championships	Adwick	Adwick	3
1:11.64	307	H	03/04/16	Kingston upon Hull Easter Short Course Meet	Hull	Donc Dartes	3
1:12.98	290		08/10/16	DMASA Individual Champs ('The Mets')	Adwick	Adwick	4
1:13.29	286	H	10/10/15	Yorkshire Winter Competition	Sheffield		2
1:13.60	283	H	11/11/18	Adwick Home Championships	Adwick	Adwick	4
1:16.62	250	H	05/07/15	Kingston upon Hull End of Season Meet	Hull		3
1:19.21	227	H	01/11/14	York City Baths Club Regional Qualifier	Hull		3
1:20.27	218		19/10/14	DMASA Individual Championships	Adwick	Adwick	4
1:20.64	215	H	11/10/14	Yorkshire Winter Championships	Sheffield		2
1:22.70	199		23/11/14	Doncaster Dartes Swim Along-a-Santa Meet	Beverley	Adwick	3

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