## **Individual Best Times (All Time)**

Christopher Emberlin - (971432) - Abingdon Vale SC - 400 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:05.13	455	F	29/06/22	Newbury District SC Club Champs 2022	Northcroft Leisure		4
5:09.88	435	F	05/03/22	City of Southampton SC 20th Spring Meet	Southampton		3
5:12.22	425	Н	03/04/22	Tigersharks Spring L3 Meet	Swindon	Newbury	3
5:14.80	414	F	22/06/23	Abingdon Vale SC Club Champs	Abingdon		4
5:32.14	353	F	11/07/19	Newbury District Club Championships	Northcroft	Newbury	4
6:29.33	219	F	14/12/17	Newbury Club Championships 2017 Rounds 1 to 6	Northcroft	Newbury	4

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