Individual Best Times (All Time)

Sophie Johnstone - (971157) - Newcastle SwimTeam - 400 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|------------------------|--------------------|-----------------|-------|
| 5:36.54 | 455 | F | 03/03/19 | Midlothian Spring Meet | Mercat Gait Centre | Newcastle | 2 |
| 5:42.04 | 433 | F | 17/11/18 | TASC Winer Gala | Tynemouth Pool | Newcastle | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level | |
|---------|--------|-------|----------|------------------------|--------------------|-----------------|-------|--|
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