

Individual Best Times (All Time)

Lana Doneo - (969322) - Rotherham Metro SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.54	383	H	15/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	Rotherham Mo	3
1:16.24	373	H	22/09/18	Rotherham Metro A & B Short Course Graded Meet	Sheffield	Rotherham Mo	3
1:17.00	362	H	16/07/16	Rotherham Metro A & B Grade Short Course Meet	Sheffield	Rotherham Mo	3
1:18.48	342	H	24/09/16	Rotherham Metro 'A' & 'B' Grade Meet	Sheffield	Rotherham Mo	3
1:19.06	334	H	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	Rotherham Mo	3
1:19.30	331	H	13/12/15	City of Bradford Winter Meet	Shipley		3
1:19.98	323	H	02/10/16	Derventio Excel 6th Short Course Open Meet	Matlock	Rotherham Mo	2
1:24.15	277	H	19/09/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield		3
1:27.28	248		31/05/15	Doncaster Dartes B Grade Meet 2015	Adwick	Rotherham Mo	3
1:27.71	245	H	20/09/14	Rotherham Metro A&B Grade Meet	Sheffield		3
1:29.41	231	H	19/07/14	Rotherham Metro A&B Grade SC Meet	Sheffield		3
1:36.06	186	H	21/09/13	Rotherham Metro SC A & B Grade SC Meet	Sheffield	Rotherham Mo	3
1:40.05	165	H	08/12/12	Boro of Barnsley 17 Annual Christmas Meet	Barnsley	Rotherham Mo	3
1:40.79	161	H	22/09/12	Rotherham Metro A & B Grade Meet	Sheffield	Rotherham Mo	3

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