

# Individual Best Times (All Time)

Lana Doneo - (969322) - Rotherham Metro SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.49	360	H	22/09/18	Rotherham Metro A & B Short Course Graded Meet	Sheffield	Rotherham Mo	3
35.58	357	H	16/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	Rotherham Mo	3
36.37	334	H	13/12/15	City of Bradford Winter Meet	Shipley		3
36.64	327	H	17/07/16	Rotherham Metro A & B Grade Short Course Meet	Sheffield	Rotherham Mo	3
36.82	322	H	24/09/16	Rotherham Metro 'A' & 'B' Grade Meet	Sheffield	Rotherham Mo	3
37.27	310	H	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	Rotherham Mo	3
39.40	263	H	19/09/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield		3
40.16	248	H	18/07/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield		3
41.55	224		26/10/14	South Axholme Sharks Halloween Meet	Beverley	Rotherham Mo	3
41.71	221	H	19/07/14	Rotherham Metro A&B Grade SC Meet	Sheffield		3
42.03	216		18/05/14	Doncaster Dartes SC B Grade Meet 2014	Adwick	Rotherham Mo	3
44.73	179	H	02/11/13	Barnsley Minors Individual Championships	Knottingley	Rotherham Mo	4
45.21	174	H	21/04/13	Stocksbridge Pentaqua SC Spring Sprints	Stocksbridge	Rotherham Mo	3
45.47	171		27/10/13	South Axholme Sharks Halloween Open	Beverley	Rotherham Mo	3
45.61	169	H	21/09/13	Rotherham Metro SC A & B Grade SC Meet	Sheffield	Rotherham Mo	3
48.37	142		20/05/12	Doncaster Dartes SC B Grade Meet	Adwick	Rotherham Mo	4
48.56	140	H	22/09/12	Rotherham Metro A& B Grade Meet	Sheffield	Rotherham Mo	3
49.28	134	H	22/04/12	Stocksbridge Pentaqua SC Spring Sprints	Stocksbridge	Rotherham Mo	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.49	360	H	22/09/18	Rotherham Metro A & B Short Course Graded Meet	Sheffield	Rotherham Mo	3
35.58	357	H	16/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	Rotherham Mo	3
36.82	322	H	24/09/16	Rotherham Metro 'A' & 'B' Grade Meet	Sheffield	Rotherham Mo	3
36.64	327	H	17/07/16	Rotherham Metro A & B Grade Short Course Meet	Sheffield	Rotherham Mo	3
37.27	310	H	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	Rotherham Mo	3

36.37	334	H	13/12/15	City of Bradford Winter Meet	Shipley		3
39.40	263	H	19/09/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield		3
40.16	248	H	18/07/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield		3
41.55	224		26/10/14	South Axholme Sharks Halloween Meet	Beverley	Rotherham Mo	3
41.71	221	H	19/07/14	Rotherham Metro A&B Grade SC Meet	Sheffield		3
42.03	216		18/05/14	Doncaster Darts SC B Grade Meet 2014	Adwick	Rotherham Mo	3
44.73	179	H	02/11/13	Barnsley Minors Individual Championships	Knottingley	Rotherham Mo	4
45.47	171		27/10/13	South Axholme Sharks Halloween Open	Beverley	Rotherham Mo	3
45.61	169	H	21/09/13	Rotherham Metro SC A & B Grade SC Meet	Sheffield	Rotherham Mo	3
45.21	174	H	21/04/13	Stocksbridge Pentaqua SC Spring Sprints	Stocksbridge	Rotherham Mo	3
48.56	140	H	22/09/12	Rotherham Metro A & B Grade Meet	Sheffield	Rotherham Mo	3
48.37	142		20/05/12	Doncaster Darts SC B Grade Meet	Adwick	Rotherham Mo	4
49.28	134	H	22/04/12	Stocksbridge Pentaqua SC Spring Sprints	Stocksbridge	Rotherham Mo	3