

# Individual Best Times (All Time)

Harold Cocking - (969321) - Rotherham Metro SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:55.94	499	H	06/07/19	Rotherham Metro 'A' and 'B' Grade SC Meet	Sheffield	Rotherham Mo	3
4:57.53	491	H	05/07/21	Rotherham Metro	Maltby	Rotherham Mo	0
4:59.41	482	H	19/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	Rotherham Mo	2
5:04.43	458	H	14/07/18	Rotherham Metro A & B Grade SC	Sheffield	Rotherham Mo	3
5:10.24	433	F	10/02/18	Yorkshire County Championships	Leeds	Rotherham Mo	2
5:16.89	406	H	10/02/18	Yorkshire County Championships	Leeds	Rotherham Mo	2
5:17.99	402	H	15/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	Rotherham Mo	3
6:24.92	227	H	12/07/14	Rotherham Metro Distance Time Trials	Rotherham	Rotherham Mo	4

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