

Individual Best Times (All Time)

Harold Cocking - (969321) - Rotherham Metro SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.31	530	H	20/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	Rotherham Mo	2
27.36	527	H	07/11/21	SE North East Region Open Championships (25m) 2021	Sheffield	Rotherham Mo	2
27.63	512	H	06/12/19	Swim England National Winter Championships (25m)	Sheffield	Rotherham Mo	2
27.65	511	F	07/11/21	SE North East Region Open Championships (25m) 2021	Sheffield	Rotherham Mo	2
28.31	476	H	18/09/21	Rotherham Metro 'A' and 'B' Grade SC Graded Meet	Sheffield	Rotherham Mo	3
28.33	475	H	21/09/19	A and B grade Short Course Meet	Sheffield	Rotherham Mo	3
28.36	473	H	20/10/18	Yorkshire Winter Competition	Sheffield	Rotherham Mo	2
28.42	470	H	15/12/18	SE Winter Championships 2018	Sheffield	Rotherham Mo	2
28.81	451	H	03/11/19	North East Region Open Championships (25m)	Sheffield	Rotherham Mo	2
28.83	451	H	02/06/21	Rotherham Metro	Maltby	Rotherham Mo	0
28.94	445	H	04/11/18	Swim England North East Region Championships (25)	Sheffield	Rotherham Mo	2
30.08	397	H	21/10/17	Yorkshire SA Winter Competition	Sheffield	Rotherham Mo	2
30.12	395	H	26/10/20	Rotherham Metro Swimming Club	Maltby Leisure Centr	Rotherham Mo	0
31.71	338	H	02/10/16	Yorkshire SA Winter Competition	Leeds	Rotherham Mo	2
32.43	316	H	05/11/16	ASA North East Region Age Group Championships	Sunderland	Rotherham Mo	2
36.35	225	H	12/10/14	Yorkshire Winter Championships	Sheffield		2
37.38	206	H	20/09/14	Rotherham Metro A&B Grade Meet	Sheffield		3
40.01	168	H	13/10/13	Yorkshire Winter Competition	Sheffield	Rotherham Mo	2
41.19	154	H	21/07/13	Rotherham Metro A & B Grade Gala	Sheffield	Rotherham Mo	3
43.00	135	H	23/11/13	City of Bradford Winter Meet	Leeds	Rotherham Mo	3
43.17	134	H	21/09/13	Rotherham Metro SC A & B Grade SC Meet	Sheffield	Rotherham Mo	3
43.68	129	H	08/12/12	Boro of Barnsley 17 Annual Christmas Meet	Barnsley	Rotherham Mo	3

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28.83	451	H	02/06/21	Rotherham Metro	Maltby	Rotherham Mo	0
30.12	395	H	26/10/20	Rotherham Metro Swimming Club	Maltby Leisure Centr	Rotherham Mo	0
27.63	512	H	06/12/19	Swim England National Winter Championships (25m)	Sheffield	Rotherham Mo	2
28.81	451	H	03/11/19	North East Region Open Championships (25m)	Sheffield	Rotherham Mo	2
27.31	530	H	20/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	Rotherham Mo	2
28.33	475	H	21/09/19	A and B grade Short Course Meet	Sheffield	Rotherham Mo	3
28.42	470	H	15/12/18	SE Winter Championships 2018	Sheffield	Rotherham Mo	2
28.94	445	H	04/11/18	Swim England North East Region Championships (25)	Sheffield	Rotherham Mo	2
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