

Individual Best Times (All Time)

Grace Russell - (969311) - Rotherham Metro SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:52.58	494	H	06/07/19	Rotherham Metro 'A' and 'B' Grade SC Meet	Sheffield	Rotherham Mo	3
4:52.63	493	H	06/10/18	Lincoln Vulcans Short Course Level 2 Meet	Sheffield	Rotherham Mo	2
5:11.71	408	H	05/07/21	Rotherham Metro	Maltby	Rotherham Mo	0
5:20.50	375		18/12/16	Doncaster Dartes Distance Trials	Adwick	Rotherham Mo	4

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