

Individual Best Times (All Time)

Lauren Heppell - (967721) - Chester-Le-Street SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:05.46	382	H	08/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	Tynemouth	3
3:05.96	378	F	23/11/19	Tynemouth ASC 2019 Winter Gala	Tynemouth	Tynemouth	3
3:11.21	348	F	16/03/19	Tynemouth ASC 2019 Spring Gala	Tynemouth Pool	Tynemouth	3
3:15.35	326	H	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	Chester Le S	2
3:18.10	313	H	25/02/18	MASC AA Grade 2018 Gala	The Neptune Centre	Chester Le S	3
3:20.00	304	H	16/06/18	Harrogate Summer A Grade Meet	Harrogate	Chester Le S	3
3:22.68	292	H	15/10/17	BOSSS Winter Swim Festival 2017	Billingham	Chester Le S	2
3:26.07	278	F	18/11/17	Tynemouth ASC Winter Gala	Tynemouth		3
3:26.16	278	F	11/03/17	Tynemouth Spring Gala	Tynemouth		3
3:29.10	266	H	15/07/17	Gateshead & Whickham Summer Meet 2017	Dunston	Chester Le S	3
3:34.18	248	H	29/10/16	Chester le Street Junior Meet 2016	Chester-le-Street	Chester Le S	3
3:34.50	246	F	19/11/16	Tynemouth Winter Gala	Tynemouth	Chester Le S	3
3:46.02	211	H	16/07/16	GAW Summer Invitation Meet	Dunston	Chester Le S	4
3:48.55	204	H	15/11/15	BOSSSS Winter Gala	Billingham		3
3:59.95	176	H	21/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	Chester Le S	3
4:00.38	175	H	24/10/15	Chester-Le-Street 40th Anniversary Junior Meet	Chester-Le-Street		3
4:01.15	173	H	25/04/15	Chester le Street Open Meet	Chester-le-Street		3
4:05.73	164	H	14/02/15	Gateshead & Whickham February Invitation Meet	Gateshead		3
4:10.65	154	H	18/07/15	Gateshead & Whickham Summer Invitation Meet	Dunston		3

Swims in Date Order

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3:11.21	348	F	16/03/19	Tynemouth ASC 2019 Spring Gala	Tynemouth Pool	Tynemouth	3
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3:20.00	304	H	16/06/18	Harrogate Summer A Grade Meet	Harrogate	Chester Le S	3
3:18.10	313	H	25/02/18	MASC AA Grade 2018 Gala	The Neptune Centre	Chester Le S	3
3:26.07	278	F	18/11/17	Tynemouth ASC Winter Gala	Tynemouth		3
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4:05.73	164	H	14/02/15	Gateshead & Whickham February Invitation Meet	Gateshead		3