

Individual Best Times (All Time)

Lauren Heppell - (967721) - Chester-Le-Street SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:11.07	596	H	10/12/23	Scottish National Short Course Championships 2023	Edinburgh		2
2:11.13	595	H	25/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	Newcastle	3
2:12.16	581	H	04/11/23	NE Regional Open Championships (25m) 2023	Sheffield	Newcastle	2
2:12.21	580	H	14/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	Newcastle	2
2:12.31	579	H	23/06/24	Tynemouth ASC Summer Meet 2024	North Shields	Chester Le S	3
2:12.57	576	H	19/11/22	Stockport Metro November Short Course Open Meet 22	Stockport	Newcastle	2
2:13.10	569	H	11/12/22	Scottish National Short Course Meet 2022	Edinburgh		2
2:13.21	567	H	30/10/21	City of Sunderland Spooktacular 2021	Sunderland	Newcastle	3
2:13.23	567	H	06/04/24	Chester-le-street Open Meet 2024	Chester le Street	Chester Le S	3
2:13.66	562	H	01/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	Chester Le S	3
2:13.71	561	H	15/11/19	Stockport Metro November SC Open Meet	Grand Central Pools	Tynemouth	2
2:13.89	559	H	06/11/21	SE North East Region Open Championships (25m) 2021	Sheffield	Newcastle	2
2:14.02	557	H	07/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	Tynemouth	3
2:14.08	556	H	05/11/22	SE North East Open Championships (25m) 2022	Sheffield	Newcastle	2
2:14.22	555	F	22/11/19	Tynemouth ASC 2019 Winter Gala	Tynemouth	Tynemouth	3
2:14.50	551	H	15/10/22	BOSSS Winter Swimming Meet 2022	Billingham Forum	Newcastle	2
2:14.80	547	H	11/12/21	KUHSC The Richardson Short Course 2021	Hull	Newcastle	3
2:15.50	539	H	02/11/19	North East Region Age Group Championships (25m)	Sheffield	Tynemouth	2
2:16.40	528	H	15/06/19	Middlesbrough 2019 June Meet Gala	The Neptune Centre	Tynemouth	3
2:16.42	528	H	04/06/21	Newcastle	Gosforth	Newcastle	0
2:16.53	527	H	16/10/21	BOSSS Winter Swim Festival 2021	Billingham	Newcastle	2
2:17.16	520	H	12/10/19	BOSSS Winter Swim Festival 2019	Billingham	Tynemouth	2
2:17.95	511	H	27/06/21	Newcastle Swim Team	Gosforth	Newcastle	0
2:20.17	487	H	28/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	Chester Le S	3
2:21.12	477	H	03/11/18	Swim England North East Region Age Group (25)	Sheffield	Chester Le S	2
2:21.25	476	F	16/11/18	TASC Winer Gala	Tynemouth Pool	Tynemouth	3
2:22.05	458	H	12/10/19	BOSSS Winter Swim Festival 2019	Billingham	Chester Le S	2

2:23.03	430	H	13/10/16	BOSSS Winter Swim Festival 2016	Billingham	Chester Le S	2
2:23.24	456	H	29/09/18	Richmond Dales Back to School Gala	Middlesbrough	Chester Le S	2
2:24.39	445	H	17/06/18	Harrogate Summer A Grade Meet	Harrogate	Chester Le S	3
2:25.24	438	F	18/03/18	Tynemouth ASC 2018 Spring Gala	Tynemouth Pool	Chester Le S	3
2:25.46	436	H	24/02/18	MASC AA Grade 2018 Gala	The Neptune Centre	Chester Le S	3
2:25.51	435	H	07/04/18	Gaw Spring Meet	Dunston	Chester Le S	3
2:27.07	421	H	28/10/17	ASA North East Region Age Group Championships	Sunderland	Chester Le S	2
2:28.43	410	F	17/11/17	Tynemouth ASC Winter Gala	Tynemouth		3
2:30.68	392	H	15/07/17	Gateshead & Whickham Summer Meet 2017	Dunston	Chester Le S	3
2:30.76	391	H	23/04/17	South Tyneside Spring Meet	South Shields	Chester Le S	3
2:30.90	390	H	14/10/17	BOSSS Winter Swim Festival 2017	Billingham	Chester Le S	2
2:34.30	365	H	16/09/17	Richmond Dales Back to School Gala	Middlesbrough	Chester Le S	3
2:36.48	350	F	18/11/16	Tynemouth Winter Gala	Tynemouth	Chester Le S	3
2:38.69	335	H	30/10/16	Chester le Street Junior Meet 2016	Chester-le-Street	Chester Le S	3
2:43.91	304	H	07/05/16	Newcastle Swim Team Invitational Shrimp Gala	Stanley	Chester Le S	4
2:46.41	291	H	25/06/16	Newcastle Swim Team Summer Meet	Stanley	Chester Le S	3
2:46.62	290	H	24/04/16	Chester le Street Annual Club Gala	Chester-le-Street	Chester Le S	3
2:48.74	279	H	17/09/16	Richmond Dales Back to School Gala	Durham	Chester Le S	3
2:49.50	275	H	25/10/15	Chester-Le-Street 40th Anniversary Junior Meet	Chester-Le-Street		3
2:49.60	275	H	17/07/16	GAW Summer Invitation Meet	Dunston	Chester Le S	4
2:56.17	245	H	29/11/15	Newcastle Swim Team Invitational Shrimp Gala	Tynemouth		4
2:59.73	231	H	19/09/15	Richmond Dales Open Meet	Durham		3
3:01.75	223	H	25/04/15	Chester le Street Open Meet	Chester-le-Street		3
3:02.62	220	H	19/07/15	Gateshead & Whickham Summer Invitation Meet	Dunston		3
3:09.97	195	H	15/02/15	Gateshead & Whickham February Invitation Meet	Gateshead		3

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