

Individual Best Times (All Time)

Lauren Heppell - (967721) - Chester-Le-Street SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.94	403	F	24/11/19	Tynemouth ASC 2019 Winter Gala	Tynemouth	Tynemouth	3
2:44.09	380	F	17/03/19	Tynemouth ASC 2019 Spring Gala	Tynemouth Pool	Tynemouth	3
2:48.74	350	H	18/06/17	Middlesbrough 2017 Open Meet Gala	Middlesbrough	Chester Le S	3
2:49.62	344	H	28/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	Chester Le S	3
2:49.70	344	H	16/06/18	Harrogate Summer A Grade Meet	Harrogate	Chester Le S	3
2:51.06	336	F	18/03/18	Tynemouth ASC 2018 Spring Gala	Tynemouth Pool	Chester Le S	3
2:52.73	326	H	28/10/17	ASA North East Region Age Group Championships	Sunderland	Chester Le S	2
2:54.70	315	H	14/10/17	BOSSS Winter Swim Festival 2017	Billingham	Chester Le S	2
2:58.99	293	F	20/11/16	Tynemouth Winter Gala	Tynemouth	Chester Le S	3
3:03.42	272	H	30/10/16	Chester le Street Junior Meet 2016	Chester-le-Street	Chester Le S	3
3:04.80	266	H	26/06/16	Newcastle Swim Team Summer Meet	Stanley	Chester Le S	3
3:10.42	243	H	09/04/16	Gateshead & Whickham Spring Meet	Dunston	Chester Le S	3
3:14.94	227	H	14/11/15	BOSSSS Winter Gala	Billingham		3
3:15.26	226	H	16/07/16	GAW Summer Invitation Meet	Dunston	Chester Le S	4
3:20.64	208	H	20/09/15	Richmond Dales Open Meet	Durham		3
3:20.78	207	H	25/10/15	Chester-Le-Street 40th Anniversary Junior Meet	Chester-Le-Street		3
3:23.39	199	H	14/02/15	Gateshead & Whickham February Invitation Meet	Gateshead		3
3:23.99	198	H	21/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	Chester Le S	3
3:33.03	174	H	18/07/15	Gateshead & Whickham Summer Invitation Meet	Dunston		3

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2:49.70	344	H	16/06/18	Harrogate Summer A Grade Meet	Harrogate	Chester Le S	3

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