

# Individual Best Times (All Time)

Lauren Heppell - (967721) - Chester-Le-Street SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.10	406	F	07/03/20	Tynemouth 2020 Club Championships	Tynemouth	Tynemouth	4
1:14.42	401	H	26/11/22	Tynemouth ASC Winter Gala 2022	North Shields	Newcastle	3
1:14.70	396	H	24/09/22	Newcastle Swim Team Club Championships	Dunston Pool	Newcastle	4
1:14.78	395	H	13/10/19	BOSSS Winter Swim Festival 2019	Billingham	Tynemouth	2
1:15.21	388	F	24/11/19	Tynemouth ASC 2019 Winter Gala	Tynemouth	Tynemouth	3
1:15.47	384	H	16/09/23	Newcastle ST Club Championships 2023	Tynemouth	Newcastle	4
1:15.48	384	F	01/12/18	Tynemouth ASC Club Championships	Tynemouth Pool	Tynemouth	4
1:16.21	373	H	17/10/21	BOSSS Winter Swim Festival 2021	Billingham	Newcastle	2
1:16.81	364	F	17/03/19	Tynemouth ASC 2019 Spring Gala	Tynemouth Pool	Tynemouth	3
1:18.33	344	F	18/11/18	TASC Winer Gala	Tynemouth Pool	Tynemouth	3
1:19.23	332	H	24/02/18	MASC AA Grade 2018 Gala	The Neptune Centre	Chester Le S	3
1:19.25	332	H	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	Chester Le S	2
1:19.44	329	H	07/04/18	Gaw Spring Meet	Dunston	Chester Le S	3
1:19.55	328	H	17/06/17	Middlesbrough 2017 Open Meet Gala	Middlesbrough	Chester Le S	3
1:19.56	328	F	19/11/17	Tynemouth ASC Winter Gala	Tynemouth		3
1:20.69	314	H	29/10/17	ASA North East Region Age Group Championships	Sunderland	Chester Le S	2
1:20.88	312	F	18/03/18	Tynemouth ASC 2018 Spring Gala	Tynemouth Pool	Chester Le S	3
1:22.04	299	H	16/09/17	Richmond Dales Back to School Gala	Middlesbrough	Chester Le S	3
1:23.07	288	F	20/11/16	Tynemouth Winter Gala	Tynemouth	Chester Le S	3
1:24.50	274	H	09/10/16	City of Sunderland Short Course Qualifier	Sunderland	Chester Le S	2
1:30.09	226	H	25/06/16	Newcastle Swim Team Summer Meet	Stanley	Chester Le S	3
1:30.49	223	H	24/04/16	Chester le Street Annual Club Gala	Chester-le-Street	Chester Le S	3
1:31.01	219	H	15/11/15	BOSSSS Winter Gala	Billingham		3
1:31.28	217	H	09/04/16	Gateshead & Whickham Spring Meet	Dunston	Chester Le S	3

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