

# Individual Best Times (All Time)

Lauren Heppell - (967721) - Chester-Le-Street SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.23	401	F	01/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	Chester Le S	3
34.34	397	H	17/06/23	Newcastle Swim Team Summer Spectacular Sprint Meet	Tynemouth	Newcastle	3
34.57	389	F	23/11/19	Tynemouth ASC 2019 Winter Gala	Tynemouth	Tynemouth	3
34.78	382	H	01/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	Chester Le S	3
35.54	358	H	06/04/24	Chester-le-street Open Meet 2024	Chester le Street	Chester Le S	3
35.60	356	F	16/03/19	Tynemouth ASC 2019 Spring Gala	Tynemouth Pool	Tynemouth	3
36.30	336	F	17/11/18	TASC Winer Gala	Tynemouth Pool	Tynemouth	3
36.44	332	H	27/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	Chester Le S	3
36.45	332	F	27/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	Chester Le S	3
36.56	329	H	15/07/18	GATESHEAD & WHICKHAM SUMMER MEET 2018	GATESHEAD	Chester Le S	3
36.84	321	H	30/09/18	Richmond Dales Back to School Gala	Middlesbrough	Chester Le S	2
37.03	317	F	15/07/18	GATESHEAD & WHICKHAM SUMMER MEET 2018	GATESHEAD	Chester Le S	3
37.04	316	H	13/10/18	BOSSS Winter Swim Festival 2018	Billingham	Chester Le S	2
37.51	305	H	25/02/18	MASC AA Grade 2018 Gala	The Neptune Centre	Chester Le S	3
37.62	302	H	08/04/18	Gaw Spring Meet	Dunston	Chester Le S	3
37.64	301	H	28/10/17	ASA North East Region Age Group Championships	Sunderland	Chester Le S	2
37.65	301	H	17/09/17	Richmond Dales Back to School Gala	Middlesbrough	Chester Le S	3
37.66	301	F	17/03/18	Tynemouth ASC 2018 Spring Gala	Tynemouth Pool	Chester Le S	3
37.67	301	F	18/11/17	Tynemouth ASC Winter Gala	Tynemouth		3
37.71	300	H	16/07/17	Gateshead & Whickham Summer Meet 2017	Dunston	Chester Le S	3
37.84	297	H	17/06/18	Harrogate Summer A Grade Meet	Harrogate	Chester Le S	3
37.94	294	H	23/04/17	South Tyneside Spring Meet	South Shields	Chester Le S	3
37.95	294	H	14/10/17	BOSSS Winter Swim Festival 2017	Billingham	Chester Le S	2
38.68	278	F	11/03/17	Tynemouth Spring Gala	Tynemouth		3
38.76	276	H	18/06/17	Middlesbrough 2017 Open Meet Gala	Middlesbrough	Chester Le S	3
39.11	269	H	09/12/16	Chester le Street Annual Christmas Meet 2016	Chester-le-Street	Chester Le S	4
39.64	258	H	27/10/18	Chester Le Street Junior Meet 2018	Chester-le-Street	Chester Le S	3

39.04	230	F	29/10/16	Chester le Street Junior Meet 2016	Chester-le-Street	Chester Le S	3
40.00	251	F	11/12/16	Chester le Street Annual Christmas Meet 2016	Chester-le-Street	Chester Le S	4
40.34	245	H	07/05/16	Newcastle Swim Team Invitational Shrimp Gala	Stanley	Chester Le S	4
40.46	243	F	19/11/16	Tynemouth Winter Gala	Tynemouth	Chester Le S	3
40.99	233	H	24/04/16	Chester le Street Annual Club Gala	Chester-le-Street	Chester Le S	3
41.11	231	H	25/06/16	Newcastle Swim Team Summer Meet	Stanley	Chester Le S	3
41.82	220	H	29/11/15	Newcastle Swim Team Invitational Shrimp Gala	Tynemouth		4
42.15	214	H	18/09/16	Richmond Dales Back to School Gala	Durham	Chester Le S	3
42.22	213	H	14/11/15	BOSSSS Winter Gala	Billingham		3
42.72	206	H	17/07/16	GAW Summer Invitation Meet	Dunston	Chester Le S	4
42.75	206	F	13/12/15	Chester le Street Annual Club Gala	Chester-le-Street	Chester Le S	4
43.54	195	F	24/10/15	Chester-Le-Street 40th Anniversary Junior Meet	Chester-Le-Street		3
43.69	193	H	19/07/15	Gateshead & Whickham Summer Invitation Meet	Dunston		3
43.71	192	H	20/09/15	Richmond Dales Open Meet	Durham		3
44.83	178	H	11/10/15	Durham City Medley Challenge	Durham		3
44.84	178	H	11/12/15	Chester le Street Annual Club Gala	Chester-le-Street	Chester Le S	4
45.11	175	H	24/10/15	Chester-Le-Street 40th Anniversary Junior Meet	Chester-Le-Street		3
45.55	170	H	21/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	Chester Le S	3
46.26	162	H	04/10/14	Gateshead & Whickham Autumn Invitation Meet	Gateshead		3
47.63	148	H	25/04/15	Chester le Street Open Meet	Chester-le-Street		3
48.08	144	H	15/02/15	Gateshead & Whickham February Invitation Meet	Gateshead		3
49.09	136	H	15/02/14	Gateshead & Whickham Invitational Meet	Gateshead	Newcastle	3

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