

# Individual Best Times (All Time)

Zack Merritt - (967332) - Dearne Valley SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:26.51	505	H	15/06/19	Harrogate Summer A Grade Meet	Harrogate	Donc Dartes	3
4:29.13	490		02/12/18	York City Winter Swim Extravaganza 2018	Leeds	Donc Dartes	3
4:30.16	484	H	05/10/19	LVSC Short Course Meet 2019	Sheffield	Donc Dartes	2
4:34.69	461	H	02/11/19	North East Region Open Championships (25m)	Sheffield	Donc Dartes	2
4:38.72	441	H	16/06/18	Harrogate Summer A Grade Meet	Harrogate	Donc Dartes	3
4:39.39	438	H	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	Donc Dartes	3
4:55.52	370	H	07/01/18	Harrogate Janus A & B Grade Meet	Harrogate	Donc Dartes	3
4:58.50	359	H	25/06/17	National Junior Para-Swimming 2017	Sunderland	Donc Dartes	2
5:03.03	343	H	23/09/17	NER Regional Para-Swimming Championships	Harrogate	Donc Dartes	3
5:21.23	288	H	24/09/16	ASA North East Regional Para-Swimming Champs	Harrogate	Donc Dartes	3
5:42.33	238	H	26/09/15	ASA NER Para-Swimming Championships 2015	Harrogate		3

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