

Individual Best Times (All Time)

Amy Bain - (966799) - Black Lion SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.62	567	F	17/03/18	Dartford Spring Meet	Medway		3
2:24.78	554	H	24/11/18	Black Lion Level 3 Winter Open Meet	Medway Park LC	Black Lion	3
2:26.59	534	H	25/11/17	Black Lion L3 Winter Open Meet 2017	Medway Park	Black Lion	3
2:26.59	534	H	18/11/18	Medway ASA Championships 2018	Gillingham	Black Lion	3
2:26.74	532	H	16/09/18	BLSC Club Championships 2018	Medway Park	Black Lion	4
2:27.60	523	H	19/11/17	Medway ASA Championships 2017	Gillingham	Black Lion	4
2:28.08	518	H	01/04/17	City of Canterbury Thanet SCs Spring Reg Qual	Canterbury	Black Lion	3
2:28.18	517	H	17/09/17	BLSC Club Championships 2017	Medway Park	Black Lion	4
2:28.78	510	H	01/05/16	Black Lion L3 Spring Open Meet	Gillingham	Black Lion	3
2:30.89	489	H	13/11/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
2:32.54	474	H	20/09/15	Black Lion Club Championships	Gillingham		4
2:34.82	453	H	03/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
2:35.70	445	H	07/03/15	2015 Kent County Swimming Championships	Gillingham		2
2:39.07	418	H	16/11/14	Medway ASA Championships 2014	Gillingham		4
2:48.16	353	H	04/05/14	Black Lion SC L3 Spring Open Meet 2014	Gillingham	Black Lion	3
2:50.71	338	H	14/09/14	Black Lion Club Championships 2014	Gillingham		4
2:52.38	328	H	11/01/14	Dover Lifeguard & Canterbury Icebreaker Meet	Canterbury	Black Lion	3
3:25.01	195	H	21/10/12	Black Lion SC Club Championships	Gillingham	Black Lion	4

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