

# Individual Best Times (All Time)

Aimee Hood - (964341) - City of Birmingham SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:09.52	796	F	04/12/22	National Winter Championships 2022	Sheffield	Co Birm'ham	2
4:11.46	778	H	04/12/21	Swim England National Winter Championships (25m)	Sheffield	Co Birm'ham	2
4:12.19	771	F	04/12/21	Swim England National Winter Championships (25m)	Sheffield	Co Birm'ham	2
4:13.00	764	H	04/12/22	National Winter Championships 2022	Sheffield	Co Birm'ham	2
4:13.37	760	H	20/11/22	Stockport Metro November Short Course Open Meet 22	Stockport	Co Birm'ham	2
4:14.17	753	H	06/11/21	Swim England West Midlands Regional	Coventry	Co Birm'ham	2
4:16.84	730	H	15/10/22	City of Birmingham Winter Open Meet	Birmingham	Co Birm'ham	2
4:18.68	714	F	07/12/19	Swim England National Winter Championships (25m)	Sheffield	Co Birm'ham	2
4:19.37	709	H	16/10/21	City of Birmingham Winter Open Meet	Birmingham	Co Birm'ham	2
4:19.81	705	H	07/12/19	Swim England National Winter Championships (25m)	Sheffield	Co Birm'ham	2
4:19.94	704	H	31/07/21	City of Birmingham End of Season Meet	Birmingham	Co Birm'ham	4
4:20.74	698	H	17/11/19	Stockport Metro November SC Open Meet	Grand Central Pools	Co Birm'ham	2
4:23.38	677	H	30/10/20	City of Birmingham SC	Ladywood LC	Co Birm'ham	0
4:24.97	665	H	26/10/19	City of Birmingham 2019 Level 2 Open Meet	Ladywood LC	Co Birm'ham	2
4:27.76	644	H	18/11/18	Stockport Metro November Short Course Open Meet	Stockport	Co Birm'ham	2
4:32.40	612	H	07/10/18	Coventry & District Primary Galas 2018	Nuneaton	Co Coventry	3
4:35.89	589	F	17/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Co Coventry	3
4:36.59	584	F	24/06/17	Hillingdon Summer Meet	Uxbridge	Co Coventry	2
4:40.60	560	H	08/10/17	Coventry & District Primary Galas 2017	Nuneaton	Co Coventry	3
4:45.67	530	H	28/01/17	Worcester County Age Group Championships	Wolverhampton	Redditch	2
4:48.53	515	F	26/09/16	Redditch Club Championships	Redditch	Redditch	4
4:53.20	490	H	02/10/16	Coventry & District ASC Primary Galas 2016	Nuneaton	Co Coventry	3
5:00.00	458	F	17/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Co Coventry	3
5:09.33	418	H	30/01/16	Worcester County SA County Championships	Wolverhampton	Redditch	2
5:09.90	415	F	04/10/15	Redditch Club Championships 2015	Redditch	Redditch	4
5:32.01	338	H	08/03/15	Worcester County Age Group Championships	Wolverhampton		2
5:33.76	336	F	10/04/15	Coventry City Level 2 April Open Meet	Coventry		2

5:32.70	330	F	12/04/15	Gloucester City Level 2 April Open Meet	Gloucester		
6:02.01	260	F	23/10/14	Redditch Club Championships	Redditch	Redditch	4
6:24.46	217	H	13/04/14	Worksop Dolphins 6th Spring Open Meet	Worksop	Redditch	3
6:27.48	212	H	08/03/14	Worcester County Championships	Wolverhampton	Redditch	2
7:08.29	157	F	24/10/13	Redditch Club Championships	Redditch	Redditch	4

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