Individual Best Times (All Time)

Millie Prudden - (964101) - Boston Amateur SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|--------------|-----------------|-------|
| 4:47.94 | 518 | Н | 04/07/15 | Boston Club Championships | Boston | | 4 |
| 4:56.18 | 476 | Н | 24/01/16 | Lincolnshire County Championships 2016 | Grantham | Boston | 2 |
| 4:57.72 | 468 | Н | 12/04/15 | The 2015 Leicester Age Group Meet | Leicester | | 3 |
| 4:58.08 | 467 | Н | 04/01/15 | Boston 10th Open Meet | Grantham | | 3 |
| 4:58.20 | 466 | Н | 29/11/14 | Nuneaton & Bedworth Open Meet | Nuneaton | | 2 |
| 4:58.36 | 465 | Н | 22/11/15 | Boston ASC Club 11th Open Meet | Grantham | | 3 |
| 5:00.84 | 454 | Н | 01/11/14 | Boston Winter Club Championships | Boston | | 4 |
| 5:00.88 | 454 | Н | 08/03/15 | Lincolnshire County ASA Swimming Championships | Louth | | 2 |
| 5:03.81 | 441 | Н | 18/06/16 | Boston Amateur Club Championships | Boston | Boston | 4 |
| 5:04.50 | 438 | Н | 09/03/14 | Lincolnshire 63rd Annual County Champs | Louth | Boston | 2 |
| 5:04.50 | 438 | Н | 09/03/14 | 63rd Annual Lincolnshire County Champs | Louth | Boston | 2 |
| 5:10.27 | 414 | F | 09/05/14 | City of Peterborough Last Chance L2 Open Meet | Peterborough | Boston | 2 |
| 5:12.54 | 405 | Н | 02/11/13 | Boston SC Club Championships 2013 | Boston | Boston | 4 |
| | | | | | | | |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-----------------------|----------|-------|----------|--|--------------|-------------------------|-------------|
| 5:03.81 | 441 | Н | 18/06/16 | Boston Amateur Club Championships | Boston | Boston | 4 |
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| 5:00.84 | 454 | Н | 01/11/14 | Boston Winter Club Championships | Boston | | 4 |
| 5:10.27 right 2024 | 414 4 | F | 09/05/14 | City of Peterborough Last Chance L2 Open Meet | Peterborough | Boston Powered By SPORT | 2 SYSTEM |

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|---------|-----|---|----------|--|--------|--------|------------|
| 5:04.50 | 438 | Н | 09/03/14 | Lincolnshire 63rd Annual County Champs | Louth | Boston | 2 |
| 5:04.50 | 438 | Н | 09/03/14 | 63rd Annual Lincolnshire County Champs | Louth | Boston | 2 |
| 5.12 54 | 405 | Н | 02/11/13 | Boston SC Club Championships 2013 | Boston | Roston | 4 |

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