

Individual Best Times (All Time)

Ben Sluman - (963058) - Southampton Dolphins SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.01	274	F	13/03/16	16th City of Southampton Open Meet	Southampton	Soton Dolp	2
35.79	235	H	25/01/15	Fareham Nomads Winter Open Meet	Waterlooville		3
36.06	230		30/11/14	Swin Bournemouth 6th Christmas Open Meet	Bournemouth	Soton Dolp	2
36.27	226	F	14/12/14	5th CO Southampton Christmas Open Meet	Southampton	Soton Dolp	3
37.31	208	H	08/03/15	Hampshire County ASA Championships	Waterlooville	Soton Dolp	1
38.34	191		08/03/14	Hampshire County Championships	Waterlooville	Soton Dolp	2
40.21	166		06/10/13	City of Southampton SC James Moreno Open	Southampton	Soton Dolp	2
40.68	160		10/11/13	Hamble Aquatics Open Meet	Waterlooville	Soton Dolp	3
40.92	157		09/03/13	Hampshire County Championships	Southampton	Soton Dolp	2
42.24	143		10/02/13	City of Southampton Open Meet	Southampton	Soton Dolp	2
43.22	133	H	02/12/12	Peter Bull Development Meet	Waterlooville	Soton Dolp	3
43.26	133		30/09/12	Littlehampton Development Chaser Meet	Littlehampton	Soton Dolp	3
44.00	126		16/12/12	City of Southampton Christmas Open Meet	Southampton	Soton Dolp	3
44.74	120		21/10/12	City of Southampton James Moreno Meet	Southampton	Soton Dolp	2
45.32	116	H	22/07/12	Fareham Nomads SC Summer Open Meet 2012	Southampton	Soton Dolp	3

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