

Individual Best Times (All Time)

Matt Newson - (961407) - City Of Peterborough SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:35.69	456	F	14/12/18	COPS Winter Meet 2018	Peterborough	Co Peterboro	3
4:36.05	454	H	14/01/18	Cambridgeshire ASA County Championships	Whittlesey	Co Peterboro	2
4:37.93	445	F	12/04/19	COPS Last Chance Age Group Regional Qualifier	Peterborough	Co Peterboro	3
4:38.20	444	H	19/01/19	Cambridgeshire ASA County Championships	Whittlesey	Co Peterboro	2
4:38.20	444	H	19/01/19	Cambridgeshire ASA County Championships	Cambridge	Co Peterboro	2
4:39.87	436	F	19/11/17	UEA Norwich November Short Course Open Meet	Norwich	Co Peterboro	3
4:43.26	420	F	01/04/17	Hatfield Regional Qual Meet 2017	Hatfield	Co Peterboro	3
4:45.15	412	H	26/02/17	Cambridgeshire County Championships 2017	Whittlesey	Co Peterboro	2
4:47.05	404	F	07/04/17	COPS Last Chance Regional Qualifier 2017	Peterborough	Co Peterboro	3
4:50.60	389	H	01/10/16	Modernian Golden Eagle Meet	Bletchley	Co Peterboro	2
4:50.60	389	F	21/10/16	City of Peterborough 400m Club Championships	Peterborough	Co Peterboro	4
4:53.43	378	F	24/04/16	COPS Last Chance Regional Qualifier	Peterborough	Co Peterboro	3
4:56.26	367	H	09/04/16	Cambridge April Open 2016	Cambridge	Co Peterboro	3
5:06.97	330	H	20/03/15	Cambridgeshire ASA County Championships	Peterborough		2
5:07.19	329	F	23/10/15	COPS Distance 400m Club Championships	Peterborough	Co Peterboro	4
5:08.26	326	H	10/01/16	Cambridgeshire County Championships	Cambridge	Co Peterboro	2
5:09.58	322	H	21/11/21	BUCS Short Course Swimming	Sheffield		2
5:15.93	303	H	11/04/15	City of Cambridge April Last Chance Regional Q	Cambridge		3
5:17.02	300	F	19/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	Co Peterboro	3
5:37.49	248	F	25/10/14	City of Peterborough Long Distance Champs	Peterborough	Co Peterboro	4
5:46.11	230	H	22/03/14	Cambridgeshire ASA County Championships	Peterborough	Co Peterboro	2
6:01.36	202	F	20/12/13	City of Peterborough Winter Open Meet	Peterborough	Co Peterboro	3
6:10.78	187	F	26/10/13	City of Peterborough SC Club Long Distance	Peterborough	Co Peterboro	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
------	--------	-------	------	------	-------	-----------------	-------

5:09.58	322	H	21/11/21	BUCS Short Course Swimming	Sheffield		2
4:37.93	445	F	12/04/19	COPS Last Chance Age Group Regional Qualifier	Peterborough	Co Peterboro	3
4:38.20	444	H	19/01/19	Cambridgeshire ASA County Championships	Whittlesey	Co Peterboro	2
4:38.20	444	H	19/01/19	Cambridgeshire ASA County Championships	Cambridge	Co Peterboro	2
4:35.69	456	F	14/12/18	COPS Winter Meet 2018	Peterborough	Co Peterboro	3
4:36.05	454	H	14/01/18	Cambridgeshire ASA County Championships	Whittlesey	Co Peterboro	2
4:39.87	436	F	19/11/17	UEA Norwich November Short Course Open Meet	Norwich	Co Peterboro	3
4:47.05	404	F	07/04/17	COPS Last Chance Regional Qualifier 2017	Peterborough	Co Peterboro	3
4:43.26	420	F	01/04/17	Hatfield Regional Qual Meet 2017	Hatfield	Co Peterboro	3
4:45.15	412	H	26/02/17	Cambridgeshire County Championships 2017	Whittlesey	Co Peterboro	2
4:50.60	389	F	21/10/16	City of Peterborough 400m Club Championships	Peterborough	Co Peterboro	4
4:50.60	389	H	01/10/16	Modernian Golden Eagle Meet	Bletchley	Co Peterboro	2
4:53.43	378	F	24/04/16	COPS Last Chance Regional Qualifier	Peterborough	Co Peterboro	3
4:56.26	367	H	09/04/16	Cambridge April Open 2016	Cambridge	Co Peterboro	3
5:08.26	326	H	10/01/16	Cambridgeshire County Championships	Cambridge	Co Peterboro	2
5:07.19	329	F	23/10/15	COPS Distance 400m Club Championships	Peterborough	Co Peterboro	4
5:15.93	303	H	11/04/15	City of Cambridge April Last Chance Regional Q	Cambridge		3
5:06.97	330	H	20/03/15	Cambridgeshire ASA County Championships	Peterborough		2
5:17.02	300	F	19/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	Co Peterboro	3
5:37.49	248	F	25/10/14	City of Peterborough Long Distance Champs	Peterborough	Co Peterboro	4
5:46.11	230	H	22/03/14	Cambridgeshire ASA County Championships	Peterborough	Co Peterboro	2
6:01.36	202	F	20/12/13	City of Peterborough Winter Open Meet	Peterborough	Co Peterboro	3
6:10.78	187	F	26/10/13	City of Peterborough SC Club Long Distance	Peterborough	Co Peterboro	4