

# Individual Best Times (All Time)

Marik Goodwin - (957444) - Worksop Dolphins SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:41.73	427	H	09/11/19	Worksop Dolphins Club Championships 2019	Worksop	Worksop	4
4:42.71	423	H	18/11/18	Worksop Dolphins Club Championships 2018	Worksop LC	Worksop	4
4:51.89	384	H	26/11/17	Worksop Dolphins Club Championships	Worksop	Worksop	4
5:02.36	345	H	27/09/17	Worksop Dolphins Time Trial Series 2017	Worksop	Worksop	4
5:06.84	330	H	19/11/16	Mansfield Major Oak Open Meet	Mansfield	Worksop	3
5:07.02	330	H	12/03/17	The Ernehale Open Meet	Nottingham	Worksop	3
5:08.62	325	H	15/10/14	Worksop Dolphins SC Club Championships 2014	Worksop		4
5:11.35	316	H	29/11/14	Chesterfield Happy Christmas Open Meet	Chesterfield		3
5:11.82	315	H	16/11/14	Mansfield Major Oak Open Meet	Mansfield		3
5:14.34	307	H	04/11/15	Worksop Dolphins SC Club Championships 2015	Worksop		4
5:17.29	299	H	02/03/14	Nottinghamshire ASA BG Age Group Champs	Mansfield	Worksop	2
5:24.96	278	H	17/11/13	Mansfield Major Oak Meet	Mansfield	Worksop	3
5:25.72	276	H	21/07/13	Nottinghamshire ASA Summer Gala 2013	Nottinghamshire	Worksop	3
5:27.91	271	H	20/10/13	Worksop Dolphins Club Championships	Worksop	Worksop	4
5:40.08	243	H	13/07/13	Chesterfield SC Summer Splash Open Meet	Chesterfield	Worksop	3

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