

Individual Best Times (All Time)

Marik Goodwin - (957444) - Worksop Dolphins SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------------|-----------------|-------|
| 2:35.04 | 353 | H | 25/11/18 | Worksop Dolphins Club Championships 2018 | Worksop LC | Worksop | 4 |
| 2:36.27 | 345 | H | 10/11/19 | Worksop Dolphins Club Championships 2019 | Worksop | Worksop | 4 |
| 2:40.77 | 317 | H | 04/03/18 | The 10th Spring Open Meet | Worksop | Worksop | 3 |
| 2:41.48 | 312 | H | 22/11/17 | Worksop Dolphins Club Championships | Worksop | Worksop | 4 |
| 2:46.45 | 285 | H | 15/07/17 | Chesterfield Summer Splash | Matlock | Worksop | 3 |
| 2:47.01 | 282 | H | 12/03/17 | The Ernehale Open Meet | Nottingham | Worksop | 3 |
| 2:52.54 | 256 | H | 19/10/14 | Worksop Dolphins SC Club Championships 2014 | Worksop | | 4 |
| 2:53.19 | 253 | H | 29/11/14 | Chesterfield Happy Christmas Open Meet | Chesterfield | | 3 |
| 2:53.26 | 253 | H | 15/11/14 | Mansfield Major Oak Open Meet | Mansfield | | 3 |
| 2:53.43 | 252 | H | 17/01/15 | Rascals Open Meet 2015 | Matlock | | 3 |
| 2:56.89 | 238 | H | 13/11/16 | Worksop Dolphins Club Championships 2016 | Worksop | Worksop | 4 |
| 2:58.85 | 230 | H | 18/11/15 | Worksop Dolphins SC Club Championships 2015 | Worksop | | 4 |
| 3:00.13 | 225 | H | 06/03/16 | Worksop Dolphins The 8th Spring Open Meet | Worksop | Worksop | 3 |
| 3:06.40 | 203 | H | 16/11/13 | Mansfield Major Oak Meet | Mansfield | Worksop | 3 |
| 3:08.38 | 197 | H | 21/07/13 | Nottinghamshire ASA Summer Gala 2013 | Nottinghamshire | Worksop | 3 |
| 3:11.56 | 187 | H | 23/10/13 | Worksop Dolphins Club Championships | Worksop | Worksop | 4 |
| 3:43.98 | 117 | H | 03/10/12 | Worksop Dolphins Club Championships | Worksop | Worksop | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 2:36.27 | 345 | H | 10/11/19 | Worksop Dolphins Club Championships 2019 | Worksop | Worksop | 4 |
| 2:35.04 | 353 | H | 25/11/18 | Worksop Dolphins Club Championships 2018 | Worksop LC | Worksop | 4 |
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| 2:53.26 | 253 | H | 15/11/14 | Mansfield Major Oak Open Meet | Mansfield | | 3 |
| 2:52.54 | 256 | H | 19/10/14 | Worksop Dolphins SC Club Championships 2014 | Worksop | | 4 |
| 3:06.40 | 203 | H | 16/11/13 | Mansfield Major Oak Meet | Mansfield | Worksop | 3 |
| 3:11.56 | 187 | H | 23/10/13 | Worksop Dolphins Club Championships | Worksop | Worksop | 4 |
| 3:08.38 | 197 | H | 21/07/13 | Nottinghamshire ASA Summer Gala 2013 | Nottinghamshire | Worksop | 3 |
| 3:43.98 | 117 | H | 03/10/12 | Worksop Dolphins Club Championships | Worksop | Worksop | 4 |