

Individual Best Times (All Time)

Isla Wallrock - (954291) - Brompton SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.70	460	F	16/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Brompton	3
33.03	446	F	20/10/18	Deben Open Meet	Ipswich	Brompton	3
33.14	442	H	04/11/18	2018 London Swimming Regional Winter Champs	London	Brompton	2
33.35	434	F	09/03/19	Ealing Regional Qualifier 2019	Northolt LC	Brompton	3
33.45	430	F	17/06/18	Brompton Summer Club Championships 2018	Fulham Pools	Brompton	4
33.46	429	F	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Brompton	3
33.49	428	F	29/09/18	18th James Moreno Open Meet	Southampton	Brompton	2
33.59	424	F	26/11/17	Brompton Winter Club Champs 2017	London	Brompton	4
33.80	416	H	06/11/16	London Region Winter Championships	Stratford	Brompton	2
33.83	415	F	18/11/18	Hitchin Open Meet 2018	Borehamwood	Brompton	3
33.98	410	F	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	Brompton	2
34.00	409	F	16/10/16	Gloucester City Autumn Level 2	Gloucester	Brompton	2
34.20	402	F	02/12/18	Brompton Winter Club Champs 2018	London	Brompton	4
34.28	399	F	16/07/17	Black Swan Summer Open Meet 2017	Walton on Thames	Brompton	3
34.28	399	F	16/06/19	Brompton Summer Club Championship Meet	Virgin Active Fulham	Brompton	4
34.53	391	H	06/02/16	MCASA County Championships 2016	Barnet	Brompton	2
34.84	380	F	17/11/19	Brompton Winter Club Championship Meet	Fulham Pools	Brompton	4
34.91	378	F	26/06/16	Brompton Summer Sprints Meet	London	Brompton	4
35.35	364	F	31/10/15	Ealing November Open Meet	Northolt	Brompton	3
36.60	328	F	21/06/15	Brompton Summer Sprints Champs 2015	London	Brompton	4
37.16	313	F	02/11/14	Ealing Level 3 Open Meet	Northolt		3
37.31	309	H	14/02/15	Middlesex County Championships 2015	Barnet	Brompton	2
38.47	282	F	13/07/14	Staines SC Black Swan Summer Meet	Staines		3
38.90	273	F	18/10/14	Staines SC Black Swan Winter Meet	Elmbridge		3
39.23	266	F	13/04/14	Guildford City SC Regional Qualifier	Guildford	Brompton	3
40.26	246	F	26/01/14	Cranleigh ASC January Open Meet 2014	Cranleigh	Brompton	3
40.28	244	F	01/02/14	MCASA Resort & Youth Competitions 2014	Enfield	Brompton	3

40.30	244	F	01/03/14	MCASA Bagcat & Youth Competitions 2014	Enfield	Brompton	
40.70	238	F	23/11/13	Guildford County Qualifier Meet	Guildford	Brompton	3
41.20	230	F	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	Brompton	4
42.87	204	F	19/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Brompton	3
44.86	178	F	21/04/13	City of Milton Keynes SC Spring Open	Bletchley	Brompton	2
45.22	174	F	27/01/13	Cranleigh SC Open Meet	Cranleigh	Brompton	3
45.37	172	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Brompton	3
45.91	166	F	12/01/13	Staines SC Black Swan County Qualifier	Staines	Brompton	3
47.37	151	F	16/06/13	Brompton SC Summer Sprints Champs 2013	Fulham	Brompton	4

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