

Individual Best Times (All Time)

Isla Wallrock - (954291) - Brompton SC - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.69	553	H	03/11/19	2019 London Region Winter Championships	London		2
29.87	543	F	21/10/18	Deben Open Meet	Ipswich	Brompton	3
29.97	538	F	16/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Brompton	3
30.08	532	H	03/11/18	2018 London Swimming Regional Winter Champs	London	Brompton	2
30.24	524	F	10/03/19	Ealing Regional Qualifier 2019	Northolt LC	Brompton	3
30.29	521	F	15/12/18	Hillingdon Winter Meet 2018	Uxbridge	Brompton	3
30.37	517	F	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	Brompton	2
30.54	508	F	29/09/18	18th James Moreno Open Meet	Southampton	Brompton	2
30.63	504	F	15/10/16	Gloucester City Autumn Level 2	Gloucester	Brompton	2
30.66	502	H	06/11/16	London Region Winter Championships	Stratford	Brompton	2
30.67	502	F	25/02/18	Ealing L3 Open	Northolt	Brompton	3
30.69	501	F	02/12/18	Brompton Winter Club Champs 2018	London	Brompton	4
30.71	500	F	01/12/19	ESC Xmas County Qualifier	Northolt LC	Brompton	3
30.81	495	F	16/06/19	Brompton Summer Club Championship Meet	Virgin Active Fulham	Brompton	4
30.95	488	F	03/12/17	Ealing Christmas L3 Open	London	Brompton	3
30.96	488	F	18/11/18	Hitchin Open Meet 2018	Borehamwood	Brompton	3
31.00	486	F	17/06/18	Brompton Summer Club Championships 2018	Fulham Pools	Brompton	4
31.04	484	F	26/11/17	Brompton Winter Club Champs 2017	London	Brompton	4
31.05	484	F	16/07/17	Black Swan Summer Open Meet 2017	Walton on Thames	Brompton	3
31.09	482	F	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Brompton	3
31.12	480	F	07/02/16	MCASA County Championships 2016	Barnet	Brompton	2
31.43	466	H	07/02/16	MCASA County Championships 2016	Barnet	Brompton	2
31.44	466	F	26/06/16	Brompton Summer Sprints Meet	London	Brompton	4
31.87	447	F	17/11/19	Brompton Winter Club Championship Meet	Fulham Pools	Brompton	4
34.42	355	F	14/02/15	Middlesex County Championships 2015	Barnet	Brompton	2
34.89	341	H	14/02/15	Middlesex County Championships 2015	Barnet	Brompton	2
35.18	322	F	21/06/15	Brompton Summer Sprints Champs 2015	London	Brompton	4

33.16	332	F	21/06/13	Brompton Summer Sprints Champs 2013	London	Brompton	
35.21	331	F	13/12/14	NASL London Rounds Division 1&2	Braintree		3
35.22	331	F	11/10/14	National Arena League London Division 1	Enfield		3
35.22	331	F	08/11/14	NASL London Rounds 2014 Div 1 & 2	Southbury		3
35.66	319	F	12/07/14	Staines SC Black Swan Summer Meet	Staines		3
36.51	297	F	22/03/14	Middlesex County Championships	Enfield	Brompton	2
36.85	289	F	13/04/14	Guildford City SC Regional Qualifier	Guildford	Brompton	3
37.25	280	F	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	Brompton	4
37.80	268	F	19/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Brompton	3
38.87	246	F	20/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Brompton	3
40.51	217	F	21/04/13	City of Milton Keynes SC Spring Open	Bletchley	Brompton	2
42.75	185	F	16/06/13	Brompton SC Summer Sprints Champs 2013	Fulham	Brompton	4
44.90	160	F	27/01/13	Cranleigh SC Open Meet	Cranleigh	Brompton	3
45.55	153	F	24/11/12	Guildford City SC Open Meet	Guildford	Brompton	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.71	500	F	01/12/19	ESC Xmas County Qualifier	Northolt LC	Brompton	3
31.87	447	F	17/11/19	Brompton Winter Club Championship Meet	Fulham Pools	Brompton	4
29.69	553	H	03/11/19	2019 London Region Winter Championships	London		2
30.37	517	F	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	Brompton	2
30.81	495	F	16/06/19	Brompton Summer Club Championship Meet	Virgin Active Fulham	Brompton	4
30.24	524	F	10/03/19	Ealing Regional Qualifier 2019	Northolt LC	Brompton	3
30.29	521	F	15/12/18	Hillingdon Winter Meet 2018	Uxbridge	Brompton	3
30.69	501	F	02/12/18	Brompton Winter Club Champs 2018	London	Brompton	4
30.96	488	F	18/11/18	Hitchin Open Meet 2018	Borehamwood	Brompton	3
30.08	532	H	03/11/18	2018 London Swimming Regional Winter Champs	London	Brompton	2
29.87	543	F	21/10/18	Deben Open Meet	Ipswich	Brompton	3
30.54	508	F	29/09/18	18th James Moreno Open Meet	Southampton	Brompton	2
31.00	486	F	17/06/18	Brompton Summer Club Championships 2018	Fulham Pools	Brompton	4
30.67	502	F	25/02/18	Ealing L3 Open	Northolt	Brompton	3
29.97	538	F	16/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Brompton	3
30.95	488	F	03/12/17	Ealing Christmas L3 Open	London	Brompton	3
31.04	484	F	26/11/17	Brompton Winter Club Champs 2017	London	Brompton	4
31.05	484	F	16/07/17	Black Swan Summer Open Meet 2017	Walton on Thames	Brompton	3
31.09	482	F	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Brompton	3
30.66	502	H	06/11/16	London Region Winter Championships	Stratford	Brompton	2
30.63	504	F	15/10/16	Gloucester City Autumn Level 2	Gloucester	Brompton	2
31.44	466	F	26/06/16	Brompton Summer Sprints Meet	London	Brompton	4
31.12	480	F	07/02/16	MCASA County Championships 2016	Barnet	Brompton	2
31.43	466	H	07/02/16	MCASA County Championships 2016	Barnet	Brompton	2
35.18	332	F	21/06/15	Brompton Summer Sprints Champs 2015	London	Brompton	4
34.42	355	F	14/02/15	Middlesex County Championships 2015	Barnet	Brompton	2
34.89	341	H	14/02/15	Middlesex County Championships 2015	Barnet	Brompton	2
35.21	331	F	13/12/14	NASL London Rounds Division 1&2	Braintree		3
35.22	331	F	08/11/14	NASL London Rounds 2014 Div 1 & 2	Southbury		3
35.22	331	F	11/10/14	National Arena League London Division 1	Enfield		3
35.66	319	F	12/07/14	Staines SC Black Swan Summer Meet	Staines		3
37.25	280	F	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	Brompton	4
36.85	289	F	13/04/14	Guildford City SC Regional Qualifier	Guildford	Brompton	3
36.51	297	F	22/03/14	Middlesex County Championships	Enfield	Brompton	2
37.80	268	F	19/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Brompton	3
38.87	246	F	20/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Brompton	3

42.75	185	F	16/06/13	Brompton SC Summer Sprints Champs 2013	Fulham	Brompton	4
40.51	217	F	21/04/13	City of Milton Keynes SC Spring Open	Bletchley	Brompton	2
44.90	160	F	27/01/13	Cranleigh SC Open Meet	Cranleigh	Brompton	3
45.55	153	F	24/11/12	Guildford City SC Open Meet	Guildford	Brompton	2