

Individual Best Times (All Time)

Benedict Holmes-Higgin - (954260) - Berkhamsted SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:06.51	194	F	29/11/14	Berkhamsted Club Championships	Aylesbury	Berkhamsted	4
6:40.67	148	F	18/11/13	Berkhamsted Club Championships	Berkhamsted	Berkhamsted	4
7:17.77	113	F	16/09/12	Berkhamsted SC Distance Championships	Berkhamsted	Berkhamsted	4

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