

Individual Best Times (All Time)

Aled Conlon - (954246) - Carmarthen - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:26.48	312	F	03/11/18	City of Cardiff Capital Open Meet	Cardiff	Carmarthen	2
2:33.76	269	F	10/02/18	SW West Regional Championships	Haverfordwest	Carmarthen	2
2:48.16	206	F	05/02/17	Swim Wales West Regional Championships	Haverfordwest	Carmarthen	2
3:01.66	163	F	28/11/15	Swim Wales West Region Sub Regional Championships	Haverfordwest	Carmarthen	3
3:49.83	80	F	13/04/14	West Wales Region NT Gala 2014	Carmarthen	Carmarthen	4

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