

Individual Best Times (All Time)

Aled Conlon - (954246) - Carmarthen - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:03.48	269	F	16/12/18	Carmarthen Christmas Open 2018	Carmarthen	Carmarthen	2
6:19.87	236	F	10/12/17	Carmarthen Christmas Open L2 Meet	Carmarthen	Carmarthen	2

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