Individual Best Times (All Time)

Aled Conlon - (954246) - Carmarthen - 200 Butterfly - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
3:25.25	141	F	27/11/16	Swim Wales West Sub Regional Championships	Wales	Carmarthen	3	

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:25.25	141	F	27/11/16	Swim Wales West Sub Regional Championships	Wales	Carmarthen	3