## **Individual Best Times (All Time)**

Aled Conlon - (954246) - Carmarthen - 100 Butterfly - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.26	255	F	25/11/18	SW West Region Sub Regional Championships	Haverfordwest	Carmarthen	3
1:17.24	236	F	13/07/19	Carmarthen Club Champs 2019	Carmarthen	Carmarthen	3
1:19.56	216	F	15/12/19	Carmarthen Christmas Open 2019	Carmarthen	Carmarthen	2
1:24.16	182	F	10/12/17	Carmarthen Christmas Open L2 Meet	Carmarthen	Carmarthen	2
1:30.25	148	Н	12/02/17	Swim Wales West Regional Championships	Haverfordwest	Carmarthen	2
1:31.91	140	F	12/02/17	Swim Wales West Regional Championships	Haverfordwest	Carmarthen	2
1:35.64	124	F	05/06/16	Amman Valley Open Meet 2016	Carmarthen	Carmarthen	2
1:36.48	121	F	05/11/16	Welsh Capital Open Meet	Cardiff	Carmarthen	2
1:38.50	114	F	25/06/16	Carmarthen Club Championships 2016	Carmarthen	Carmarthen	3
1:40.57	107	F	20/03/16	Swim Wales West Region No Time Gala	Wales	Carmarthen	3

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