

Individual Best Times (All Time)

Aled Conlon - (954246) - Carmarthen - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.16	282	H	01/02/20	Swim Wales West Regional Championships	Haverfordwest	Carmarthen	2
33.81	266	F	05/10/19	Llanelli Autumn Meet 2019	Llanelli	Carmarthen	3
33.91	263	F	04/11/18	City of Cardiff Capital Open Meet	Cardiff	Carmarthen	2
34.16	258	F	13/07/19	Carmarthen Club Champs 2019	Carmarthen	Carmarthen	3
34.94	241	F	06/10/18	Llanelli Autumn Meet 2018	Llanelli	Carmarthen	3
35.40	231	F	06/05/18	Amman Valley Open Meet 2018	Carmarthen	Carmarthen	3
35.62	227	F	25/11/17	Swim Wales West Region Sub Regional Championships	Haverfordwest	Carmarthen	3
38.39	181	F	24/06/17	Carmarthen Club Championships 2017	Carmarthen	Carmarthen	3
40.75	152	H	04/02/17	Swim Wales West Regional Championships	Haverfordwest	Carmarthen	2
40.95	149	F	05/11/16	Welsh Capital Open Meet	Cardiff	Carmarthen	2
41.22	146	H	30/01/16	Swim Wales West Regional Championships	Haverfordwest	Carmarthen	2
41.50	143	F	05/06/16	Amman Valley Open Meet 2016	Carmarthen	Carmarthen	3
41.73	141	F	30/01/16	Swim Wales West Regional Championships	Haverfordwest	Carmarthen	2
45.87	106	F	03/10/15	Llanelli Autumn Meet 2015	Llanelli	Carmarthen	3
48.33	91	F	31/01/15	SWWR Regional Championships	Haverford West	Carmarthen	2
48.60	89	F	14/12/14	City of Newport Christmas Cracker Open	Newport	Carmarthen	4
48.71	89	F	17/01/15	Celtic Dolphins Sprint Meet 2015	Neath	Carmarthen	3
48.97	87	H	31/01/15	SWWR Regional Championships	Haverford West	Carmarthen	2
49.12	86	F	27/06/15	Carmarthen Club Championships	Carmarthen	Carmarthen	3
50.08	81	F	05/10/14	Llanelli Autumn Meet 2014	Llanelli	Carmarthen	4
50.08	81	F	05/10/14	Llanelli Open Meet 2015	Llanelli	Carmarthen	2
50.63	79	F	01/06/14	Amman Valley Open Meet 2014	Carmarthen	Carmarthen	4
52.45	71	F	24/05/15	Amman Valley Open Meet 2015	Carmarthen	Carmarthen	3
53.19	68	F	28/06/14	Carmarthen SC Club Championships 2014	Carmarthen	Carmarthen	4
53.28	68	F	13/04/14	West Wales Region NT Gala 2014	Carmarthen	Carmarthen	4

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