

Individual Best Times (All Time)

Sasha Esslemont - (954160) - Aberdeen Dolphins ASC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------------|-----------------|-------|
| 49.07 | 193 | H | 30/10/16 | Aberdeen Nifty Fifties | Aberdeen | Aberdeen Dol | 2 |
| 50.21 | 180 | F | 23/04/16 | Bridge of Don 4th Springtime Banded Meet | Bridge of Don | Aberdeen Dol | 2 |
| 50.29 | 179 | F | 17/04/16 | COAST Development Round 2 | Aberdeen | Aberdeen Dol | 2 |
| 50.50 | 177 | F | 08/05/16 | Westhill Invitational Meet | Westhill | Aberdeen Dol | 2 |
| 50.50 | 177 | F | 08/05/16 | Westhill Invitational Meet 2016 | Westhill | Aberdeen Dol | 2 |
| 51.22 | 169 | F | 21/11/15 | Upper Deeside Challenge 201 | Deeside | Aberdeen Dol | 2 |
| 55.12 | 136 | F | 24/05/15 | Aberdeen Dolphins Novice Gala | Aberdeen | Aberdeen Dol | 2 |
| 55.88 | 130 | F | 19/04/15 | COAST Development Meet Round 2 | Aberdeen | Aberdeen Dol | 2 |
| 58.35 | 114 | F | 08/02/15 | Cults Otters Novice Gala 2015 | Aberdeen | Aberdeen Dol | 3 |
| 1:02.48 | 93 | F | 08/11/14 | Buckie Mini Meet | Buckie | Aberdeen Dol | 2 |
| 1:03.01 | 91 | | 07/06/14 | Peterhead Mini Meet | Peterhead | Aberdeen Dol | 2 |
| 1:07.41 | 74 | F | 09/02/14 | Cults Otters Novice Gala | Aberdeen | Aberdeen Dol | 2 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------------|-----------------|-------|
| 49.07 | 193 | H | 30/10/16 | Aberdeen Nifty Fifties | Aberdeen | Aberdeen Dol | 2 |
| 50.50 | 177 | F | 08/05/16 | Westhill Invitational Meet | Westhill | Aberdeen Dol | 2 |
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| 50.21 | 180 | F | 23/04/16 | Bridge of Don 4th Springtime Banded Meet | Bridge of Don | Aberdeen Dol | 2 |
| 50.29 | 179 | F | 17/04/16 | COAST Development Round 2 | Aberdeen | Aberdeen Dol | 2 |
| 51.22 | 169 | F | 21/11/15 | Upper Deeside Challenge 201 | Deeside | Aberdeen Dol | 2 |
| 55.12 | 136 | F | 24/05/15 | Aberdeen Dolphins Novice Gala | Aberdeen | Aberdeen Dol | 2 |
| 55.88 | 130 | F | 19/04/15 | COAST Development Meet Round 2 | Aberdeen | Aberdeen Dol | 2 |
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| 1:02.48 | 93 | F | 08/11/14 | Buckie Mini Meet | Buckie | Aberdeen Dol | 2 |
| 1:03.01 | 91 | | 07/06/14 | Peterhead Mini Meet | Peterhead | Aberdeen Dol | 2 |

1:07.41

74

F

09/02/14

Cults Otters Novice Gala

Aberdeen

Aberdeen Dol

2