

# Individual Best Times (All Time)

Sasha Esslemont - (954160) - Aberdeen Dolphins ASC - 400 Individual Medley - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:42.63	175	F	19/06/16	COAST Development Meet R3 2016	Aberdeen	Aberdeen Dol	2

## Swims in Date Order

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