

Individual Best Times (All Time)

Rachel Ha - (953798) - Epping Forest Dist SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:21.04	339	H	26/11/17	Epping Forest Internal Club Champs	Loughton	Epping For't	4
1:26.55	278	H	19/06/16	Epping Forest Club Championships	Loughton	Epping For't	4
1:31.18	238	F	18/10/15	Epping Forest District SC 2015 Club Championships	Loughton	Epping For't	4
1:31.65	234	H	12/04/15	Halstead 6th Short Course Open Meet	Braintree		3
1:33.85	218	H	15/02/15	Essex County Age Group Championships 2015	Basildon		2
1:36.98	197		08/10/14	Epping Forest District Club Championships	Loughton	Epping For't	4
1:37.70	193		14/09/14	Epping Forest DSC Season Opener Gala 2014	Loughton	Epping For't	3
1:58.40	108		22/09/13	Epping Forest District SC Club Championships	Loughton	Epping For't	4

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