

# Individual Best Times (All Time)

Rachel Ha - (953798) - Epping Forest Dist SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:41.92	426	H	29/09/19	Epping Forest District Season Opener Gala	Loughton	Epping For't	3
2:42.13	424	F	16/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Epping For't	3
2:44.07	409	H	11/11/18	Epping Forest Internal Club Champs 2018	Loughton	Epping For't	4
2:44.10	409	H	16/06/18	Harlow Penguins 7th Eric Shepherd Open Meet	Harlow	Epping For't	3
2:44.51	406	H	23/09/18	Epping Forest District Season Opener Gala 2018	Loughton	Epping For't	3
2:45.92	396	H	24/09/17	Epping Forest District Season Opener Gala 2017	Loughton	Epping For't	3
3:01.67	301	H	12/06/16	Epping Forest Club Championships	Loughton	Epping For't	4
3:01.86	300	H	18/09/16	Epping Forest District Season Opener 2016	Loughton	Epping For't	3
3:11.77	256	F	13/12/15	Epping Forest District 2015 Club Championships	Loughton	Epping For't	4

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