

Individual Best Times (All Time)

Rachel Ha - (953798) - Epping Forest Dist SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:16.91	363	F	15/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Epping For't	3
1:17.55	354	H	30/09/18	Epping Forest Internal Club Champs 2018	Loughton	Epping For't	4
1:18.49	342	H	03/12/17	Epping Forest Internal Club Champs	Loughton	Epping For't	4
1:19.34	331	H	15/09/19	EFDCS Club Champs 2019	Loughton	Epping For't	4
1:24.32	275	H	11/12/16	Epping Forest Club Championships	Loughton	Epping For't	4
1:31.59	215	F	29/11/15	Epping Forest District SC	Loughton	Epping For't	4
1:35.91	187		22/10/14	Epping Forest District Club Championships	Loughton	Epping For't	4

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